

BEAR ESSENTIALS

HANFODION ARTH (Patron: Captain N. Lloyd-Edwards, G.C. St.J., R.D.*, J.P., R.N.R.)
THE NEWSLETTER OF CARDIFF BAY YACHT CLUB 51.26.9 N 03.10.4 W
Established in 1932 (Formally known as Penarth Motorboat and Sailing Club... P.M.C.)



Edition No. 61

June 2006

Cost: priceless.

Available in the Clubhouse monthly. www.cbyc.co.uk Posted in February, May, August & November.
Cardiff Bay Yacht Club, Ferry Rd. Grangetown, Cardiff, CF11 0JL Tel. 029 2022 6575. Admin. 029 2066 6627. Web site & forum www.cbyc.co.uk
e-mail admin@cbyc.co.uk Affiliated to the R.Y.A. Web site www.rya.org and the B.C.Y.A. Web site www.bristolchannel.co.uk

■ **Eternal vigilance is the price of safety and safety is a state of mind, not a list of equipment, please also remember to always wear a**

■ **DASLER DELIVERS DUCKS:** Dasler would like to announce the safe arrival of her two ducklings. Confused! Lets go back five weeks ago when Brian and Maggie took Dasler for a motor over to Mermaid Quay. After a stroll around the Bay Brian decided the wind had picked up enough to sail back, on putting his hand in the side locker to get the ropes out he found four duck eggs instead. Maggie's maternal instincts took over and she carefully wrapped the eggs in her fleece to keep the warm (safer than sitting on them) while Brian sailed Dasler back to the pontoon.

After securing the boat, Maggie carefully replaced the ropes in the locker, arranged eggs in the ropes as nest like as possible, and hoped mother duck would return and forgive them for their intrusion. They visited the boat two days later fearing mother duck (now named Daisy) would have abandoned the eggs due to "human handling" but she had not only returned but laid two more eggs. Maggie was overjoyed but Brian's joy turned to despair when it was announced "NO MORE SAILING TILL THE DUCKLINGS HATCH". Being the thoughtful man he is, he respected Maggie's wishes, but Rob (Ex Serendipity) saved the day by asking him and Graham (Splash) to go to Pwlllelli with him to sail his newly acquired boat (KANAKA) back to Penarth.

Daisy duly took up residence on Dasler and sat on her eggs for 28 days. BRIAN WAITED PATIENTLY!! His patience was rewarded when Maggie visited the boat on day 29, and heard duckling quacking, only two had hatched, but they had jumped into the well of the boat and couldn't get out, so when Daisy jumped into the water Maggie carefully lifted the first duckling out of the boat and placed it in the water where it immediately swam to it's mother, she the placed the second on in the water and so Daisy and her two babies went for their first swim around the boat as a family. The smile on Brian's face when he heard the news said it all... well done Dasler.

■ **WELCOME TO NEW MEMBERS:** On behalf of the Council of Management of Cardiff Bay Yacht Club I would like to extend a very warm welcome to the following new members: Capt Hywel Tudor, Steven and Becky Fettah, Tim and Debby Lock, Russell Smith, Philip Harvey and Linda Hall, Chris and Wendy Allen, David Wilkinson and Kate Fensome, Susan Brannam, Derek and Helen Ward, Adrian Davis, Chris James, Anthony and Deborah Alsop, Claire Rix... Jane Hall, Membership Secretary.

Look after your gear and it will look after you... oh yes, that really

Members are reminded of their responsibility to meet their guests at the main gate and not to expect staff to let them in.

Please watch your wash as you pass moored boats in the River Ely-

**Quarterdeck Bar
Opening Hours May -
September.
Do come along and**

Monday	12.00 to 23.00
Tuesday	12.00 to 23.00
Wednesday	12.00 to 23.00
Thursday	12.00 to 23.00
Friday	12.00 to 23.00
Saturday	12.00 to 24.00
Sunday	12.00 to 10.30

**Why not visit "the
forum"
on the Club's free
internet connection in**

There is nothing; absolutely nothing; half so much worth doing, as simply messing about in boats. In or out of 'em, it doesn't matter. . . that's the charm of it. . . Kenneth

BEAR ESSENTIALS

Keeping You in Touch

Bear Essentials is the newsletter of
Cardiff Bay Yacht Club.

If you would like to contribute to Bear
Essentials please contact: Tony Davies
at... tony@designbyrelish.co.uk

Visit the club web site & forum at:
www.cbyc.co.uk

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Contacts: - Flag Officers:- President – Jean Annett (029 2062 0160). Vice President – John Mead (01443 225 338). Commodore - Roger Dunstan (029 2089 1451). Vice Commodore - Kevin Rolfe (029 2025 9442). Rear Commodore – Jonathan Crofts - Davies (029 2070 7427). Hon. Secretary Helen - Phillips (029 2021 5759). Hon. Treasurer – Anthony Thomas (029 2075 0224). Hon. Sailing Secretary & Sailing School Principal – Paul Simes (01443 205 120). Membership – Jane Hall (029 20514 915). Management Committee - Tony Davies (029 2051 5376). Steve Cooper (01443 820 574). Jeremy Taylor (029 2040 0457). Gareth Davies (029 2086 9167). Marc Case (029 2070 5870). Steve Parker (01633 672 378). General Office - Ruth Coles (029 2066 6627). Moorings, pontoons, yard, haul-out – Barrie Metcalf (07966 930 823) - during the weekend working period. i.e. 09.00 – 13.00 Sat. & Sun. use (07773 462769). Chief Coach - Nick Sawyer (029 2051 4966). Cruising – Tony Davies (2051 5376). Dinghy Chairman - Sean Carter (01443 699 262). Ultra-Fast Fleet Captain – Idris Dibble (029 2025 2973). Angling - Bryan Morgan (029 2021 7910). Motorboats - Gareth Davies (029 2086 9167). Catering - Bar – (029 2022 6575).

Editor: Tony Davies 16 St. Winifred's Close, Dinas Powis, Vale of Glamorgan, CF64 4TT - 029 2051 5376, Mobile 07816 337904. E-Mail: tony@designbyrelish.co.uk Proof reader - Bryan "Reels" Morgan. Distribution – June Ackerman, Ruth Coles and Ruth Thain.

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smoke free environment.

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For sale and wanted ads will run for three
months, then deleted unless confirmed unsold.

To external recipients... Please would you
kindly display Bear Essentials where others
may read it.

■ **FLOTSAM & JETSAM:** Like two obsessive yachtsmen they are always afloat come hell or high water and are made up of anything that can displace its weight in seawater. The most treacherous times for meeting these two are just before and just after a spring tide especially in a period of low pressure or rough seas when the beaches have been swept clean of all the old debris.

This material frequently is funnelled into long streaks some distance from the shore where there is an interface between a tidal flow and a reverse current which varies in the Bristol Channel due to wind strength and direction. On a bright sunny day these weed streaks made up of mainly bladder wrack hiding larger objects, can be spotted some distance off, and avoiding action can be taken, but in rough conditions with poor visibility it is particularly difficult to see large often water logged timber until you are almost on top of them even when sailing at 6 knots.

Motor boaters should be particularly vigilant, as hitting one of these objects at speed could seriously damage shafts props and rudder and leave them immobilized. Travelling at night during these times is certainly asking for trouble.

For me in days gone by there were some useful objects washed ashore, I've had oars, rudders, masts even boats come ashore also lots of useful hardwood for carving etc. we had several 12 x 12 x 40 foot balks of timber which had been washed away from Barry harbour. There was also a crate of oranges which broke up scattering its contents in a golden line from Sully island to the Bendricks. Perhaps the most interesting find was a can of emergency water dated 1943 washed up on a Florida beach just after the Cuban missile crisis the contents were still palatable and may have been a useful find if Castro had turned nasty.

I once worked out that it took 16 days for sewage discharged at Rover way to pass Sully Island of course it was continually flowing without treatment. Improvements can be claimed in that area with the new treatment plants at Rover Way and Sully moors and with the closing of Sully hospital we no longer see raw sewage, contraceptives, sanitary towels and syringes. So remember to lessen your chances of meeting with flotsam & jetsam make your passages on a neap tide. JOHN WOOD 05 06.

CARDIFF BAY YACHT CLUB

Restaurant - Sue Jones Catering

From 2 May Summer Opening Times to
September

	Lunch	Dinner
Monday	Closed	17:30-21:00
Tuesday	12:00 noon - 14:30	18:00-21:00
Wednesday	12:00 noon - 14:30	18:00-21:00
Thursday	12:00 noon - 14:30	19:00-21:00
Friday	12:00 noon - 14:30	Closed
Saturday	12:00 noon - 14:30	Closed
Sunday	12:00 noon - 15:00	Closed

Drop into the Quarterdeck bar and meet up with old
friends and new.

Relax in a friendly atmosphere, with a beautiful view
over the Bay.

The Club is the venue in which to be seen.

Forget the pub, come to the Club!

■ **CATCHING UP ROPE:** or picking-up rope. Small rope or line which acts as a vessel's temporary mooring to a buoy or dock until stronger moorings can be secured.

■ **LUCK:** The only sure thing about luck is that it will change.

■ **BEING:** cheerful keeps you healthy.

■ **WANTED:** Genoa for an Achilles 24 masthead Bermudan sloop with roller reefing. 0797 0889 341 or 029 2065 1661.

■ **FOR SALE:** Aluminium boom for a cruiser, very good condition 10 foot 6 inches. £20.00 tel. 07967 848862.

■ **CAPTAIN, CAPTAIN:** why don't we have a proper figurehead; shut up and get back under that bowsprit.

■ **MARE'S TAILS:** or curl cloud. Cirrus.

Calendar of events in June

Thu	1	Cruiser night.	Restaurant (evening)
Fri	2		
Sat	3	(* C. in C.)	Restaurant (12 till 2 pm)
Sun	4	Restaurant	(12 till 2 pm)
Mon	5		
Tue	6		
Wed	7	Angling night.	
Thu	8	Cruiser night.	Restaurant (evening)
Fri	9		
Sat	10	(* C. in C.)	Restaurant (12 till 2 pm)
Sun	11	Restaurant	(12 till 2 pm)
Mon	12		
Tue	13		
Wed	14	Angling night.	
Thu	15	Cruiser night.	Restaurant (evening)
Fri	16		
Sat	17	(* C. in C.)	Restaurant (12 till 2 pm)
Sun	18	Restaurant	(12 till 2 pm)
Mon	19		
Tue	20		
Wed	21	Angling night.	
Thu	22	Cruiser night.	Restaurant (evening)
Fri	23		
Sat	24	(* C. in C.)	Restaurant (12 till 2 pm)
Sun	25	Restaurant	(12 till 2 pm)
Mon	26		
Tue	27		
Wed	28	Angling night.	
Thu	29	Cruiser night.	
Fri	30		

■ (* C. in C.) = Cruise in company: Please call Tony for destination & details. Tel. 07816 337904.

■ **ANCIENT MARINER:** recently swallowed the anchor, now finds it indigestible and seeks small sailing cruiser in need of T.L.C. to regain sanity. Telephone: (Dave) 07811 756 542.

■ **FOR SALE:** EYGTENE 24ft "PDQ" 1976, GRP, Fin Keeled with Inboard Diesel Renault 6HP, Stainless Steel Rigging (2003), Slab Reef Main+Sail cover (New 2005), Roller Reef Genoa, Spinnaker, new electrics/instruments, sleeps 4/5, Water : 5 gallon. Fuel : 5 gallon. 2002 Survey available. Lying : Cardiff Bay Yacht Club, Contact : Laura on 07920 249354 or email: firebird4470@hotmail.com Price: £8,500.

■ **C.O.M.** Council of Management meetings take place on the third Monday in the month, the next three council of management meetings will be on 19 June, 17 July, 21 August. Items for the agenda should be sent to... The Secretary C.B.Y.C.

■ **FOR SALE:** "Phebe" our Sadler 29 is up for sale... (take a look at Sailing Today 6 page review on her!) so if you want to write another chapter in her log, give me a call. Neil Lambden 07780 955313.

■ Did you know that after September 2006 you will no longer be required to licence your V.H.F. radio, the licence is being abolished.

Calendar of events in July

Thu	1	Cruiser night.	Restaurant (evening)
Fri	2		
Sat	3	(* C. in C.)	Restaurant (12 till 2 pm)
Sun	4	Restaurant	(12 till 2 pm)
Mon	5		
Tue	6		
Wed	7	Angling night.	
Thu	8	Cruiser night.	Restaurant (evening)
Fri	9		
Sat	10	(* C. in C.)	Restaurant (12 till 2 pm)
Sun	11	Restaurant	(12 till 2 pm)
Mon	12		
Tue	13		
Wed	14	Angling night.	
Thu	15	Cruiser night.	Restaurant (evening)
Fri	16		
Sat	17	(* C. in C.)	Restaurant (12 till 2 pm)
Sun	18	Restaurant	(12 till 2 pm)
Mon	19		
Tue	20		
Wed	21	Angling night.	
Thu	22	Cruiser night.	Restaurant (evening)
Fri	23		
Sat	24	(* C. in C.)	Restaurant (12 till 2 pm)
Sun	25	Restaurant	(12 till 2 pm)
Mon	26		
Tue	27		
Wed	28	Angling night.	
Thu	29	Cruiser night.	Restaurant (evening)
Fri	30		
Sat	31	(* C. in C.)	Restaurant (12 till 2 pm)

Dnet's corner

From an Irish immigrant, dated 1956.

Sometimes when you're feeling important,
Sometimes when your ego is in bloom,
Sometimes when your friends keep on saying,
You're the most talented man in the room.

Sometimes when you feel that your going
Would leave an unfillable hole
Just follow this simple instruction,
And see how it humbles your soul.

Take a bucket and fill it with water,
Put your hands in it, up to your wrists,
Pull them out - and the hole that's remaining
Is a measure of how you'll be missed.

You may splash all you please when you enter,
You may stir up the water galore,
But stop, and you'll find in a minute,
That it looks just the same as before.

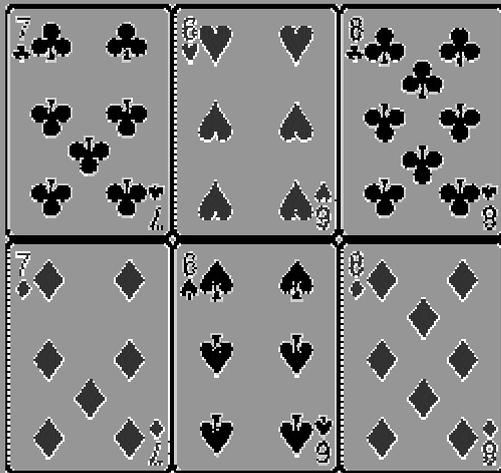
The moral of this is quite simple.

Why not visit the Club forum at www.cbyc.co.uk you'll be amazed,



This will make a complete fool of you...
A card trick, by: "Le Woogie"...

Pick one of the cards below...
and keep it your mind.



Keep thinking of your card for 20 seconds in front of Le Woogie... Le Woogie will attempt to read your mind... go to page No. 3... The great Le Woogie has removed your card... How spooky is that!!!

IF I HAD MY CHILD TO RAISE OVER AGAIN

If I had my child to raise all over again,
I'd build self-esteem first, and the house later,
I'd finger-paint more, and point the finger less.

I would do less correcting and more connecting.
I'd take my eyes off my watch, and watch with my eyes.

I would care to know less and know to care more.
I'd take more hikes and fly more kites.
I'd stop playing serious, and seriously play,

I would run through fields and gaze at more stars.
I'd do more hugging and less tugging.
I'd see the oak tree in the acorn more often.

I would be firm less often, and affirm much more.
I'd model less about the love of power
And more about the power of love

By Diane Loomans

Note: From Full Esteem Ahead (p.194),

By D. Loomans with J. Loomans,

with Permission.

■ **C.B.Y.C. CRUISER SECTION:** Cruises are scheduled for most weekends; loosely in line with Bristol Channel sailing calendar. (see # below). Everyone is invited; Cruiser Class, Racing Class, Motor Yachts.

MONTH	DATE	CLUB	EVENT
JUNE	03/06/06	CBYC	ENTERPRISE OPEN
	03/06/06	CBYC	FLYING FIFTEEN CLASSIC
	03/06/06	LYDNEY YC	DINGHY OPEN
	04/06/06	LYDNEY YC	DINGHY OPEN
	09/06/06	PCC	PORTISHEAD DOCKS RALLY
	10/06/06	CBYC	SPRINT 15 OPEN
	10/06/06	PCC #	PORTISHEAD DOCKS RALLY
	11/06/06	PCC #	PORTISHEAD DOCKS RALLY
	17/07/06	CBYC	REGATTA
	17/06/06	BARRY YC #	REGATTA
	18/06/06	BARRY YC #	REGATTA
	17/06/06	THORNBURY SC #	REGATTA & FIREBALL OPEN
	18/06/06	THORNBURY SC #	REGATTA & FIREBALL OPEN
	23/06/06	CBYC #	CRUISE / RACE TO WATERMOUTH
JULY	01/07/06	CBYC	J80 NATIONALS
	01/07/06	BURNHAM MB&SC #	REGATTA
	02/07/06	BURNHAM MB&SC #	REGATTA
	08/07/06	WESTON BAY YC #	REGATTA
	09/07/06	WESTON BAY YC #	REGATTA
	08/07/06	P YC	REGATTA
	09/07/06	P YC	REGATTA
	08/07/06	PORTISHEAD YSC	PILL RACE
	09/07/06	PORTISHEAD YSC	BCYA TEAM RACE CHALLENGE
	15/07/06	CBYC	LASER 2000 OPEN
	15/07/06	LYDNEY YC #	RALLY
	16/07/06	LYDNEY YC #	RALLY
	28/07/06	CBYC #	CRUISE / RACE TO BRISTOL
	29/07/06	CBYC	ROUND THE ISLAND RACE.
	29/07/06	BRISTOL HARBOUR #	FESTIVAL
	30/07/06	BRISTOL HARBOUR #	FESTIVAL
	AUGUST	05/08/06	CARDIFF YC #
06/08/06		CARDIFF YC #	REGATTA
11/08/06		CBYC	2 HANDED AROUND LUNDY
25/08/06		CBYC #	CRUISE / RACE TO TENBY
SEPT		10/09/06	CBYC
	16/09/06	CBYC	WELSH GAMES
	17/09/06	CBYC	WELSH GAMES
	16/09/06	CBYC	SHANGHAI CUP (CHANNEL RACE)
	17/09/06	CBYC	SHANGHAI CUP (CHANNEL RACE)
	16/09/06	NUSC #	REGATTA
	17/09/06	NUSC #	REGATTA
	23/09/06	PCC	HOLMS RACE
	23/09/06	CBYC	SHANGHAI CUP (CHANNEL RACE)
	24/09/06	CBYC	SHANGHAI CUP (CHANNEL RACE)
OCT	24/09/06	BARRY YC #	BRAINS RACE
	30/09/06	CBYC	SHANGHAI CUP (LOW WATER)
	15/10/06	PENARTH YC	CRUISER CHANNEL RACE
15/10/06	PORTISHEAD YSC	LLOYD CRYER MEMORIAL RACE	

New and old members very welcome.

■ **RULES OF THE ROAD:** He who sails through the crowd of boats that collect on a public holiday must bear in mind that a number of those who are in charge of these craft have no experience whatever of watermanship, and are wholly ignorant of the Rules of the Road. E.F. Knight "Small Boat handling"

■ **NEWS FROM THE PONTOON DIVING SERIES:** Who is the best acrobat, Sean Carter dinghy chairman or Colin Farr our long term OOD and dinghy committee member. The hot weather gave us the opportunity to judge as both of them took plunges into the bay on consecutive weeks. The first sign of warm weather and people get the urge to cool down and impress onlookers. Colin took a long leap from the workboat onto the pontoon, he landed in a leaning back position waved his arms frantically in an attempt to propel him forward. The springs from the boat were in front of him and as the boat moved away and the rope pressed against his legs, he was never going to make it. He then back flipped into the bay, 9/10 for style. He tells us its the first time he's fallen in 20 years and so I suppose we were fortunate to witness it. He was later seen in the bar wearing tracksuit bottoms. Sean Carter, moored his OK on the pontoon and then decided to run along the bow "it's a knockout style" and fell in unfortunately catching his ribs on the bow at the same time – no serious damage. 9/10 for falling with style. Those that witnessed it are also nursing their ribs.

So currently they are neck and neck with the whole summer to go and only one discard allowed. (I heard a rumour – not sure if its true - that Nick Sawyer entered the series a few weeks ago but had an OCS for using a RIB) – has anyone got a spare trophy? (ANONYMOUS-or Ian Horton if you must name the contributor).

■ **REPAIR MAN:** The repair man will never have heard of the model

■ AQUAMARINE: is the lucky gem stone for seafarers.

■ **The Flying Fifteens Classic at Cardiff Bay Yacht Club 3rd/4th June** The sun shone brightly in clear skies for the 16 boats that turned out for the Cardiff Bay Yacht Club Flying Fifteens Classic. Despite high pressure and clear skies and a forecast of 5 knot wind, there was a F2 sometimes F3 in shifty conditions on the Saturday for the 2 scheduled races.

In R1 the fleet was chomping at the bit and there were 2 general recalls and when finally the race started an OCS.

Leading at the windward mark was 2004 winner Simon Dangerfield who was also the 2003 FF Classic World champion, he was crewed by Dave Hemingway from Llangorse. They were hotly pursued around the windward mark by local sailors Duncan Baird/Tim Bowen. Dangerfield/Hemingway managed to maintain their lead ahead of their rivals Roger Finch and Dennis Manning from Middle Nene who finished 2nd, in 3rd place was Colin Fletcher/Dave Travis from Llangorse.

In Race 2 the line honours went to Bob Tait/Robin Fletcher from Broxbourne who had an OCS in race one. 2nd was Colin Fletcher/Dave Travis with Dangerfield/Hemingway 3rd. Beer and BBQ was then welcomed by most sailors who made the most of the clubs extensive facilities.

Sunday morning saw the start of racing postponed as Cardiff Bay was like a looking glass. Cardiff Bay is formed from the barrage holding the waters of the river Taff and Ely and is therefore non-tidal and more or less fresh water. Fortunately the predicted wind appeared mid morning to eventually reach about F2 and a shorter course was set than the previous day. Dangerfield/ Hemingway won the first race ahead of the consistent Finch/Manning. Baird/Bowen in a beautiful classic Chippendale 1155 took 3rd place.

The final race was won by Colin Fletcher/Dave Travis from Llangorse ahead of the consistent Finch/Manning with third place going to Brian turner/Jackie Burns. Overall winner and picking up the dragon trophy for the second time was 2003 Classic World champion Simon Dangerfield and Dave Hemingway from Llangorse. In second place was Colin Fletcher/Dave Travis from Llangorse and in third place was Roger Finch and Dennis Manning from Middle Nene.

For further information contact: Ian Horton, Fast Fleet Captain, Cardiff Bay Yacht Club 07967 467031.

Position	Helm	Crew	Sail number	R1	R2	R3	R4	Points	
1	Simon Dangerfield	Dave Hemingway	2663		1	3	1	4	5
2	Colin Fletcher	Dave Travis	2695		3	2	6	1	6
3	Roger Finch	Dennis manning	2658		2	10	2	2	6
4	Bob Tait	Robin Fletcher	2606	OCS		1	5	5	11
5	Duncan Baird	Tim Bowen	1155		5	4	3	6	12
6	Jeremy arnold	Dave Brown	2684		4	5	4	7	13
7	Brian Turner	Jackie Burns	3031		6	8	8	3	17
8	Neil Bartholomew	Stuart Bartholomew	2700		9	11	7	9	25
9	Stef Clarke	Jane Boyd	630		7	6	12	13	25
10	Mike Jones	Cath Colleymore	2645		10	7	10	11	27
11	Peter Clarke	Chris Thompson	1333		12	12	9	8	29
12	Ian Horton	Mike Ohalloran	2655		11	9	11	10	30
13	Bill Turton	Richard Jennings	2492		8	13	15	12	33
14	Jayson Harrison	Mike Harrison	2163		14	15	13	14	41
15	Gareth Dickenson	Allen Dickenson	1295		13	14	DNS	DNS	44
16	Chris Barton	Chris Rogers	2162		15	16	14	15	44
3 Races to count - one discard									

■ ENTERING A NEW

HARBOUR: for the first time can be a highly enjoyable part of cruising. But whether it is up a straightforward buoyed channel or an interesting meander between the sandbanks, the wise skipper would have done some homework beforehand. Finding your way into a strange harbour off the cuff is not recommended.

■ **GOOGOL** = 10 raised to the hundredth power.

I must go down to the sea again, to the lonely sea and the sky,
And all I ask is a tall ship and a star to steer her by,
And the wheel's kick and the wind's song and the white sails shaking,
And a grey mist on the sea's face and a grey dawn breaking.

■ **AYE AYE SIR:** The correct and seamanlike reply on board ship on receipt of an order, "AYE AYE" is also the reply in the Royal Navy from a boat which has a commissioned officer below the rank of captain on board, when hailed from a ship. If no commissioned officer is on board, the reply is "NO NO"; if a captain is on board the reply is the name of the ship, and if an admiral, the reply is "FLAG". Boats are hailed in this fashion so that watch keepers on board ship may know the form of salute required when officers arrive on board.

■ **H. R. H. THE DUKE OF EDINBURGH:** The sea has such extraordinary moods that sometimes you can feel this is the only sort of life - and 10 minutes later you are praying for death. It's cold and wet and it is either marvelous or awful.

■ **Round Down - A bad, bad thing for a bowman out on the spinnaker**

SON: A son is a son till he takes a wife, a daughter is a daughter for the rest of

■ **WHAT IS A TIDE?** What is a tide? This is not as obvious as it may sound - it is not just the rise and fall of the water in our seas and oceans (tides are only one of the contributing factors in this rise and fall).

A tide is the regular and predictable movement of water caused by astronomical phenomena - the way the earth, moon and sun move in relation to each other and the force of gravity. These are the values that you can see in tide tables.

Movement of water caused by meteorological effects (for example winds and atmospheric pressure changes) are called *surges*. These are not easily predictable and require powerful computers and sophisticated software to predict just 36 hours in advance.

These are the reasons why tide table predictions do not always agree with observations. POL develops storm surge models for flood forecasting that have been run at the Met Office since 1978. (A large positive storm surge can add a few metres to the predicted water level.) There is also wave movement which is purely wind generated and impossible to predict accurately. Therefore statistical values are used such as *significant wave height* which is the average of the highest 1/3 of waves.

How far ahead can the tide be predicted? Since the tide is caused by the astronomy of the earth-moon-sun system which is known very accurately and can be predicted well into the future, the tides can also be predicted well into the future.

When trying to predict well into the future, we have to take into account the rise in global sea level. The further into the future we try and predict, the more significant this effect can become.

■ **GETTING OLD :** Do you realize that the only time in our lives when we like to get old when we're kids? If you're less than 10 years old, you're so excited about aging that you think in fractions. "How old are you?" "I'm four and a half!" You're never thirty-six and a half. You're four and a half, going on five! That's the key. You get into your teens, now they can't hold you back. You jump to the next number, or even a few ahead. "How old are you?" "I'm gonna be 16!" You could be 13, but hey, you're gonna be 16! And then the greatest day of your life . . . you become 21. Even the words sound like a ceremony . . . YOU BECOME 21. YESSSS!!! But then you turn 30. Oooohh, what happened there? Makes you sound like bad milk! He TURNED; we had to throw him out. There's no fun now, you're Just a sour-dumpling. What's wrong? What's changed? You BECOME 21, you TURN 30, then you're PUSHING 40. Whoa! Put on the brakes, it's all slipping away. Before you know it, you REACH 50 and your dreams are gone. But wait!!! You MAKE it to 60. You didn't think you would! So you BECOME 21, TURN 30, PUSH 40, REACH 50 and MAKE it to 60. You've built up so much speed that you HIT 70! After that it's a day-by-day thing; you HIT Wednesday! You get into your 80s and every day is a complete cycle; you HIT lunch; you TURN 4:30; you REACH bedtime. And it doesn't end there. Into the 90s, you start going backwards; "I Was JUST 92." Then a strange thing happens. If you make it over 100, you become a little kid again. "I'm 100 and a half!" May you all make it to a healthy 100 and a half!! Supplied by Alan Savage.

■ **SWIMMING:** in the tide off the back of an anchored boat is popular and seemingly innocuous, but when the wind and tide are strong it can be dangerous. With the season about to begin, this incident from last season is worth remembering.

A boat was anchored off the entrance to Newtown River in the Solent where the tide runs strongly. Children were swimming happily at slack water (spring tides) before lunch. After lunch the ebb was running strongly and, regardless of there being no safety lines rigged or dinghy in the water, an adult dived in.

By the time he surfaced he had been carried 40ft from the boat and despite swimming hard, was drifting further away. A neighbour in the anchorage quickly summed up the situation and set off in an inflatable tender with outboard.

Unable to get the man into the dinghy, the rescuer had to find a way of towing him back without injury from the propeller. It took 14 minutes to get him back on board his yacht. This article is courtesy of the R.Y.A.



It's not that

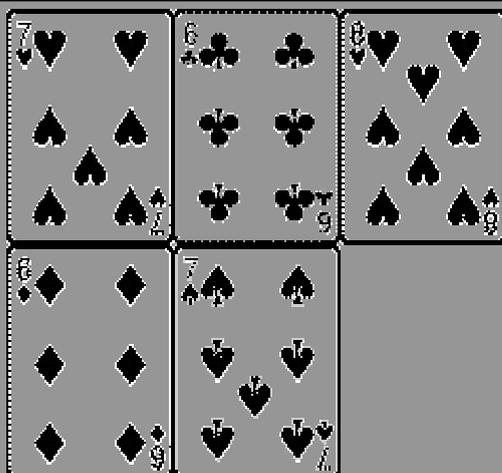
This trick is supplied by Bryan (Reels) Morgan.

Bryan is also absolutely magic at fixing fishing reels as well!!!

■ **DID YOU KNOW?** If a statue in the park of a person on a horse has both front legs in the air, the person died in battle. If the horse has one front leg in the air the person died as a result of wounds received in battle. If the horse has all four legs on the ground, the person died of natural causes.

■ **SOME NAUTICAL TERMS IN COMMON**

USAGE: *FOOTLOOSE* is the bottom part of a sail, when, if it is not sheeted correctly it dances randomly in the wind. *OVERBEARING* to sail downwind at another ship thus "stealing" or diverting the wind from her sails. *UNDER THE WEATHER* If a crewman is standing watch on the weather side of the bow he will be subject to a constant beating of the sea and he will be under the weather. *GIVE SOMEONE A WIDE BERTH* To anchor a ship far enough away from another ship so that they did not hit each other when they swung with the wind. *NO GREAT SHAKES* When casks became empty they were "shaken" (taken apart) so that the pieces, called shakes could be stowed in a small space. *TOUCH AND GO* This referred to a ships keel touching the bottom and getting right off again. *GO WITH THE FLOW* sailing with the current in your favour.



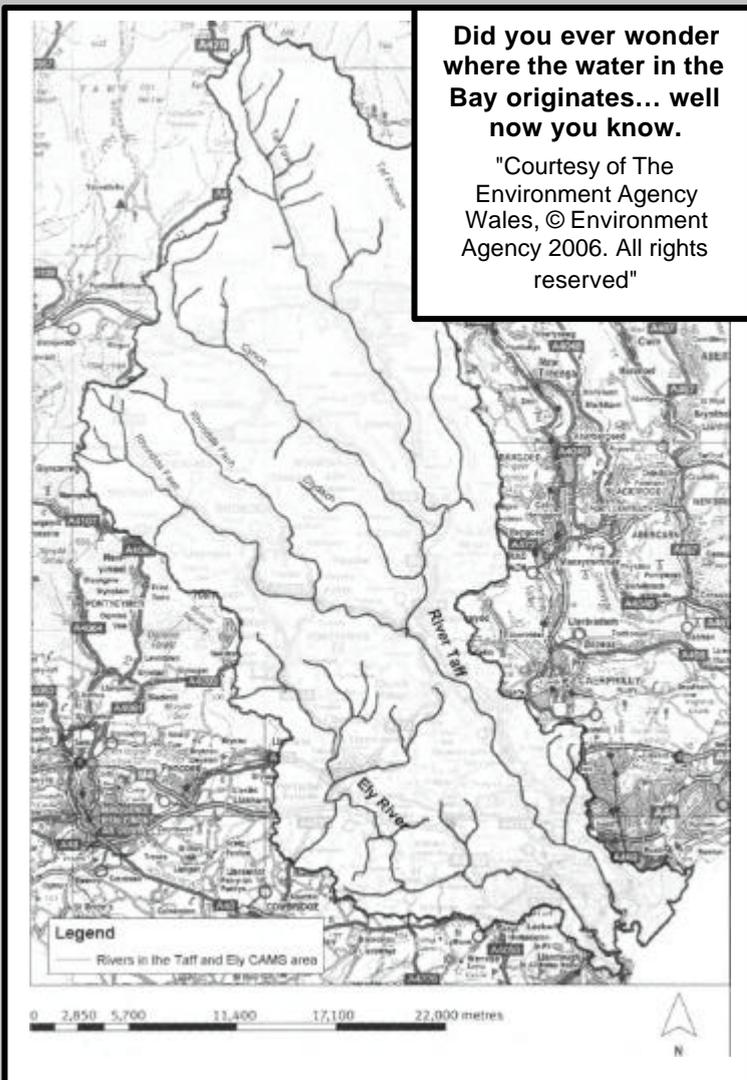
Dance like nobody is looking,

Love like you've never been hurt,

Sing like nobody's listening,

■ **POVERTY: When poverty comes through the door, love flies out of**

■ **Men in a ship are always looking up, and men ashore generally looking down.**



■ **MATCH CUP SKIPPERS:** A group of Match Cup Skippers are on Crew Scouting trip, when they see a five-story building with a sign that read, "Match Racer Crew Association".

Since they are without their crews, they decide to go in. The guard, a very salty type, explains to them how it works. "We have five floors. Go up floor by floor and once you find what you are looking for, for crew, you can go there and make a selection. It's easy to decide since each floor has a sign telling you who's inside."

So they start going up and on the first floor the sign reads, "All the crew on this floor are stupid and weak." The skippers laugh, and without hesitation move on to the next floor. The sign on the second floor reads, "All the crew here are stupid and strong." Still, this isn't good enough, so the Skippers continue on up. They reach the third floor and the sign reads, "All the crew here are smart and strong." They still want to do better, and so, knowing there are still two floors left, they kept going. On the fourth floor, the sign is perfect, "All the crew here are smart, strong and Former Americas Cup Champions."

The Skippers get excited and are about to go in when they realize that there is still one floor left. Wondering what they are missing, they head up to the fifth floor. There they find a sign that reads, "There are no crew here. This floor was built only to prove that there is no way to please a Skipper!" Supplied by Mike Jones (Pandemonium).

■ **SPINNAKER:** Is said to have been derived from sphinxer, a name coined by yacht hands when it was first used aboard the yacht Sphinx in the Solent in the 1870's.

■ **UTC:** The decision to insert a leap second in UTC is the responsibility of the International Earth Rotation Service (IERS) in Paris. At the time of updating this fact file (January 2003), no further leap seconds have been added. Well I never did... Ed.

■ **REGRET: Never regret what you've done... only regret what you**

■ **BAKED BEAN CURRY SAUCE:** Method... Blend the beans and some water to take it to the consistency you like, (it's not critical) add in all of the ingredients and keep the blender going until it's smooth to pinch between the thumb and forefinger, transfer to a saucepan and heat while stirring. This recipe is my favourite, but you can adjust the ingredients for the individual taste.... Tony Davies.

Baked beans	(1 can)	Water	(As required)
Garamasala	(1 Teaspoon)	Salt	(To taste)
Ground cumin	(1 Teaspoon)	Ground black pepper	(To taste)
Vegetable oil	(2 Teaspoons)	Sugar	(To taste)
Creamed coconut	(2 Teaspoons)	Curry powder	(To taste)
Mustard	(1 Teaspoon)	Garlic powder	(To taste)

■ When someone asks you a question you don't want to answer, smile and ask, "Why do you want to know?"

SLOWLY: You can never come along side too slowly.

■ **STARBOARD:** The Vikings called the side of their ship its board, and they placed the steering oar, the "star" on the right side of the ship, thus that side became known as the "star board." It's been that way ever since. And, because the oar was in the right side, the ship was tied to the dock at the left side. This was known as the loading side or "larboard". Later, it was decided that "larboard" and "starboard" were too similar, especially when trying to be heard over the roar of a heavy sea, so the phrase became the "side at which you tied up to in port" or the "port" side.

■ **WIND PREDICTION:** Put your back to the wind on a port tack. A low pressure system will be located in the direction of your extended left arm. On a starboard tack, face your body 45 degrees to the right of the wind, and extend your left or to point at the low. A falling barometer and easterly winds are a prelude to bad weather. A rising barometer and winds changing from the west predict fair and clear weather. Stable weather is accompanied by light morning winds increasing to their strongest by about midday when air temperature is also at its highest. Many scattered clouds often indicate variable winds. If the sky is clearing of clouds, you can expect steady winds.

■ **WIND GALL: Luminous halo on the edge of a distant cloud, indicating rain**

PATIENCE: is a virtue place if you can, often found in women,

CAPTAIN HENRY MORGAN

Oh some are fond of red wine and some are fond of white,
 And some are all for dancing by the pale moonlight:
 But rum's alone the tipples, and the heart's delight
 Of the old bold mate of Captain Morgan.

Oh some are fond of Spanish wine, and some are fond of French,
 And some'll swallow tay (tea) and stuff fit only for a wench;
 But I'm right for Jamaica till I roll beneath the bench.
 Says the old bold mate of Henry Morgan.

Oh some are for the lily and some are for the rose,
 But I am for the sugar cane that in Jamaica grows;
 For it's that that makes the bonny drink to warm my copper nose,
 Says the old bold mate of Henry Morgan.

Oh some are fond of fiddles, and a song well sung,
 And some are all for music for to lilt upon the tongue;
 But mouths were made for tankards, and for sucking at the bung,
 Says the old bold mate of Henry Morgan

Oh some are fond of dancing, and some are fond of dice,
 And some are all for red lips, and pretty lasses' eyes;
 But a right Jamaica puncheon is a finer prize,
 Says the old bold mate of Henry Morgan.

Oh some that's good and godly ones, they hold that it's a sin,
 To troll the jolly bowl around, and let the dollars spin;

"The Forum" on CBYC's Web Pages. Update @ Mid-May.

Last month we identified that CBYC *has a Members' Forum*. I know a number of you have both signed up and visited *The Forum* since reading that item in last month's *Bear Essentials*. For those *Forum* virgins that still remain.....here is an update on what has been happening on *The Forum* in recent weeks.

- There have been 23 active threads/subjects over the last four weeks.
- A particularly serious matter was raised when the Recall of ALL Pains Wessex White Hand flares ran across two days [with real concern being expressed by some contributors as very few comments had appeared].
- Club "home affairs" featured strongly with threads/subjects covering *Disabled Car Parking; Removal of Fly-tipped Batteries; The Club Year Book for 2006; Road Access to CBYC; The Large Screen TV; etc.*
- Requests from members for practical advice ranged over *Suitable Poles/Dowling for Boathooks; The Correct VHF Channel for calling the Barrage* [have a look as there is a discussion around data contained in the Club Yearbook]; *Cheap Chart Plotters; etc.*

Should CBYC run a **"Boat Jumble/Car Boot Sale?"** Lots of enthusiasm for this and offers to help organise it **have been made**, so there is likely to be an event **this Summer**. Bouncy Castles, jumble and a BBQ.....

This only gives you a "taste" of the **Forum** – go and have a look at the wider picture. It would be amazing if you failed to find threads of interest, and comments that are interesting, annoying, informative, valuable, or just plain fun... Jeff Owen. "Arian"/"Waterloo".

■ If the wind will not serve, take to the oars. - Latin Proverb

June 2006.					July 2006.					August 2006.							
Time Zone B.S.T.					Time Zone B.S.T.					Time Zone B.S.T.							
1	Thu	11.07	10.0m	23.28	10.1m	1	Sat	11.27	10.1m	23.45	10.3m	1	Tue	12.02	10.1m	*****	*****
2	Fri	11.52	9.5m	*****	*****	2	Sun	12.06	9.8m	*****	*****	2	Wed	00.20	10.0m	12.42	9.6m
3	Sat	00.16	9.5m	12.44	9.0m	3	Mon	00.26	9.9m	12.50	9.4m	3	Thu	01.03	9.5m	13.30	9.2m
4	Sun	01.09	9.1m	13.41	8.7m	4	Tue	01.12	9.5m	13.38	9.1m	4	Fri	01.58	9.0m	14.34	8.8m
5	Mon	02.09	8.9m	14.45	8.6m	5	Wed	02.02	9.2m	14.33	8.9m	5	Sat	03.13	8.7m	15.57	8.8m
6	Tue	03.14	8.9m	15.49	8.8m	6	Thu	03.02	9.0m	15.37	8.9m	6	Sun	04.38	8.9m	17.17	9.3m
7	Wed	04.16	9.1m	16.46	9.2m	7	Fri	04.09	9.0m	16.43	9.2m	7	Mon	05.53	9.5m	18.23	10.2m
8	Thu	05.10	9.5m	17.37	9.7m	8	Sat	05.13	9.4m	17.45	9.7m	8	Tue	06.53	10.4m	19.18	11.2m
9	Fri	05.58	10.0m	18.22	10.2m	9	Sun	06.14	9.9m	18.41	10.4m	9	Wed	07.44	11.4m	20.06	12.2m
10	Sat	06.43	10.4m	19.05	10.8m	10	Mon	07.06	10.5m	19.30	11.1m	10	Thu	08.29	12.2m	20.50	12.9m
11	Sun	07.26	10.9m	19.48	11.3m	11	Tue	07.55	11.1m	20.19	11.7m	11	Fri	09.12	12.8m	21.34	13.3m
12	Mon	08.09	11.2m	20.30	11.6m	12	Wed	08.42	11.6m	21.04	12.2m	12	Sat	09.55	13.0m	22.16	13.3m
13	Tue	08.52	11.4m	21.13	11.8m	13	Thu	09.27	12.0m	21.49	12.5m	13	Sun	10.37	12.8m	22.57	12.8m
14	Wed	09.36	11.5m	21.57	11.8m	14	Fri	10.12	12.1m	22.34	12.5m	14	Mon	11.19	12.2m	23.41	12.0m
15	Thu	10.21	11.3m	22.44	11.6m	15	Sat	10.58	11.9m	23.21	12.1m	15	Tue	*****	*****	12.03	11.4m
16	Fri	11.10	11.1m	23.34	11.3m	16	Sun	11.45	11.6m	*****	*****	16	Wed	00.25	11.0m	12.50	10.4m
17	Sat	*****	*****	12.01	10.7m	17	Mon	00.09	11.6m	12.33	11.0m	17	Thu	01.17	9.9m	13.48	9.5m
18	Sun	00.26	10.9m	12.57	10.3m	18	Tue	00.58	10.9m	13.26	10.4m	18	Fri	02.25	9.0m	15.06	8.8m
19	Mon	01.27	10.5m	14.00	10.0m	19	Wed	01.54	10.2m	14.27	9.8m	19	Sat	03.53	8.5m	16.39	8.7m
20	Tue	02.31	10.1m	15.07	9.9m	20	Thu	03.01	9.6m	15.37	9.4m	20	Sun	05.24	8.6m	17.57	9.1m
21	Wed	03.39	10.0m	16.14	9.9m	21	Fri	04.15	9.3m	16.53	9.4m	21	Mon	06.28	9.2m	18.50	9.8m
22	Thu	04.46	10.1m	17.18	10.2m	22	Sat	05.28	9.3m	18.01	9.7m	22	Tue	07.14	9.8m	19.32	10.4m
23	Fri	05.47	10.3m	18.15	10.5m	23	Sun	06.30	9.6m	18.55	10.1m	23	Wed	07.51	10.5m	20.08	11.0m
24	Sat	06.40	10.5m	19.04	10.8m	24	Mon	07.20	10.1m	19.42	10.5m	24	Thu	08.25	11.0m	20.40	11.5m
25	Sun	07.28	10.7m	19.51	11.1m	25	Tue	08.04	10.5m	20.22	11.0m	25	Fri	08.56	11.4m	21.09	11.8m
26	Mon	08.18	10.9m	20.33	11.2m	26	Wed	08.42	10.8m	20.59	11.3m	26	Sat	09.25	11.6m	21.39	11.8m
27	Tue	08.55	10.9m	21.14	11.3m	27	Thu	09.18	11.0m	21.34	11.4m	27	Sun	09.54	11.6m	22.07	11.7m
28	Wed	09.34	10.9m	21.52	11.1m	28	Fri	09.51	11.1m	22.07	11.4m	28	Mon	10.21	11.4m	22.35	11.4m
29	Thu	10.12	10.7m	22.30	10.9m	29	Sat	10.23	11.0m	22.38	11.2m	29	Tue	10.49	11.1m	23.04	10.9m
30	Fri	10.49	10.5m	23.07	10.6m	30	Sun	10.55	10.8m	23.10	10.9m	30	Wed	11.21	10.6m	23.37	10.4m
						31	Mon	11.27	10.5m	23.43	10.5m	31	Thu	11.56	10.0m	*****	*****

■ Raise your sail one foot and you get ten feet of wind. - Chinese