



January 2024

Sailing Instructions for T.A.R.S. Racing Outside of the Barrage

1.0 Safety and Responsibility

- 1.1 Yacht racing can be dangerous. The attention of owners, skippers and crew is drawn to RRS Fundamental Rule 4: A yacht is solely responsible for deciding whether or not to start or it, continue racing'. The safety of a yacht and her crew Is the sole and inescapable responsibility of the owner or owner's representative who must do their best to ensure that the yacht is fully found, thoroughly seaworthy and manned by an experienced crew who are physically fit to face bad weather. They must be satisfied as to the soundness of the hull, spars, rigging, sails and all gear. They must ensure that the safety equipment Is properly maintained and stowed and that the crew know where ht is kept and how It Is to be used.
- 1.2 Cardiff Bay Yacht Club accept no responsibility or liability for loss of life or injury to members or others, or for the loss of, or damage to, any vessel or property.
- 1.3 The owner and crew will be held jointly responsible for the conduct of the yachts crew before, during and after a race. Misconduct may result in both owner and crew being excluded from future races and render a yacht liable to disqualification.
- **1.4** Yachts must hold a valid and current boat insurance which covers them for third party claims of up to £3,000,000 for the entire period of the series.
- **1.5** Crew members' attention is drawn to RRS 1.2 life-saving equipment ...

- `Each competitor is individually responsible for wearing personal flotation devices adequate far the conditions.'
- 1.6 No yacht may carry an anchor that overhangs its bow
- **1.7** Transom mounted outboard motors are considered a part of the yacht's equipment.
- **1.8** The Cardiff Harbour Authority regulations and Notices to Mariners will apply
- 1.9 The skipper is responsible for ensuring their boat is equipped and seaworthy so as to be able to complete the race course; that the skipper and crew are of sufficient number, experience and fitness to complete the race course safely; and that the safety equipment is properly maintained, stowed and in date and the crew know how to use it.
- 1.10 When racing outside Cardiff Bay each boat competing must be prior scrutineered, using the buddy system, for the minimum acceptable equipment using the downloadable form 'T.A.R.S. Racing equipment check for racing outside the barrage'.
- 1.11 The fact that yachts are scrutinised, or otherwise inspected by the race organisers, does not reduce the responsibilities of the yacht and/or skipper set out in any other part of these Sailing Instructions or Notice of Race.

2.0 Rules

- 2.1 The racing will be organised by Cardiff Bay Yacht Club and governed by these sailing instructions, The Racing Rules of Sailing (RRS), the prescriptions of the RYA, except as any of these are changed by these sailing instructions.
- **2.2** The series are designated Category C as described in the ISAF Advertising Code.

3.0 Eligibility

- 3.1 Yachts shall be self-righting, single hull vessels.
- **3.2** All yachts are required to display any sponsor's stickers or flag as provided.
- **3.3** Yachts shall have a handicap decided by the T.A.R.S. Committee.

4.0 Radio Communication

- **4.1** All yachts must carry a working fixed 25 Watt **VHF** transceiver radio and monitor Ch **M** while in the starting area and for the duration of the race.
- **4.2** Final course details and other information for competitors will be given by the race officer over VHF Radio. Normally channel M will

be used.

4.3 Yachts should refrain from communicating with the race officer or each other on the race channel between the warning signal and the start, except on matters of safety or unless contacted by the race officer.

5.0 Notices to Competitors and Changes in Sailing Instructions

Notices to Competitors and Changes in Sailing Instructions will be displayed on the club website at www.cbyc.co.uk and/or by the Race Officer on VHF Ch M.

6.0 Schedule of Races

The schedule of races will be displayed on the Club website.

7.0 Courses

"Round the Cans" courses using navigation marks shall be used. The race will normally be of at least 60 minutes duration for the first boat and then all other boats will finish on their last lap. Average lap times will apply. All competitors to record their own finish time and communicate to the PRO when practical.

8.0 Starting & Finishing Procedures

- **8.1** Races will be started in accordance with RRS 26 and 29 except that flag signals will not normally be used.
- **8.2** The start and finish line will be communicated by VHF before the start of the race. A gate start may be used for starting, this will be communicated before the start.
- **8.3** Sound signals or VHF communication take precedence over flag signals.
- **8.4** All other signals will be given over the VHF without visual or sound signals.
- **8.5** The race results may be calculated using the times from a previously completed lap.
- **8.6** Lapped boats may be finished having completed fewer laps and their time calculated from the average time of previously completed laps.

9.0 Time Limits

No yacht may start more than 10 minutes after her starting signal. The time limit on a race is 3 hours.

10.0 Protests

10.1 Boats intending to protest are requested to inform the race officer as soon as possible by radio etc. Protests shall then be delivered in writing to the race officer, member or delegate of the race committee within 1 hour

of the end of racing for the day.

Official protest forms will be available behind the bar in the CBYC Clubhouse.

10.2 Protests where there has been no contact

All Protests where there has been no contact will be decided by Arbitration, subject to 10.2.1. Arbitration shall replace the protest hearing required under RRS 63. A Protest Mediator or his designated substitute will decide if the protest is valid. Each party being protested shall then provide a written response to the Protest within 24 hours of being supplied with a copy of it. The Protest will be decided on the basis of the written Protest form and the reply from each party protested. The Protest Mediator shall have total discretion as to whether further evidence (including witness evidence) may be submitted. The Protest Mediator shall have total discretion as to whether to convene a hearing to hear further evidence. The decision will be final.

10.2.1 If having read the evidence the Protest Mediator considers that the matter should be put to a full Protest Committee, he shall decide accordingly and have full discretion.

10.3 Protests where there has been contact

Protests where there has been contact will be decided by a Protest Committee in accordance with RRS 63

10.4 Penalty for Protests decided by Arbitration

Any party found to have infringed a rule shall not be disqualified but shall incur a 25% place penalty subject to a minimum of 3 places.

No penalty shall result in a score which would exceed that of a Disqualification.

Application of a penalty shall not affect the place or score of other boats.

Any decision shall be final.

11.0 Scoring & Discards

- **11.1** The low point scoring system, in accordance with RRS 90.3, will be used.
- **11.2** Yachts scoring DNF or RET will score points for the number of boats that came to the start area in the race + 1.
- 11.3 Yachts scoring DNC will score points for the maximum number of boats in any one race in the series + 1. All other yachts not classified (i.e. DSQ, OCS etc) will score points for the maximum number of boats in any one race in the series + 2 points.
- 11.4 Yachts still racing at a race time limit will be awarded points based on their elapsed time for the previous lap. If there are no finishers then no points will be awarded.

11.5 Discards will be decided on a series basis, normally 2.

12.0 Results

Results will be displayed on the Cardiff Bay Yacht Club website as soon as possible after the race.

13.0 Commercial Shipping.

Commercial Shipping must not be impeded under any circumstances; this applies particularly in restricted waters. Inside the limits of the Port of Cardiff merchant vessels must be regarded as being constrained by their draft.

Failure to observe this rule may result in a Race Officer protest. In the event of serious breaches yachts may be scored DND from all races on the day of the incident.

14.0 Penalties at the time of an incident

Penalty turns shall be taken in accordance with RRS 44.

Race Committee

Idris Dibble, Roger Wallington