

BEAR ESSENTIALS



HANFODION ARTH (Patron: Captain N. Lloyd-Edwards, G.C. St.J., R.D.*, J.P., R.N.R.)

THE NEWSLETTER OF CARDIFF BAY YACHT CLUB 51.26.9 N 03.10.4 W

Established in 1932 (Formally known as Penarth Motorboat and Sailing Club... P.M.C.)

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e-mail admin@cbyc.co.uk Affiliated to the R.Y.A. Web site www.rya.org and the B.C.Y.A. Web site www.bristolchannel.co.uk

■ **Eternal vigilance is the price of safety and safety is a state of mind, not a list of equipment, please also remember to always wear a**

■ **FROM THE C.O.M.** Concern has been expressed that fewer people may be using the bar since the ban on smoking. Members that campaigned for the ban are requested that they need to support the club.

An overhead projector has been purchased and members are requested to come forward with suggestions for events they would like to see. C.O.M. will be asked to approve suggestions, and the list of proposed events will be publicised in Bear Essentials and on the website. It's all happening at C.B.Y.C. oh yes it is.

Sponsored by...

baypointe

Shanghai Cup

Starts September 10th
2006
Cardiff Bay Yacht Club

C.O.M. The Council of Management meetings take place on the third Monday in the month, the next three council of management meetings will be on... 21 August, 18 September, 16 October. Items for the agenda should be sent to... The Secretary Cardiff Bay Yacht Club.

BOAT JUMBLE

A boat jumble will be run at C.B.Y.C.
Please remember the second Saturday
in October, that's a date for your
diary... Saturday October 7th...

Don't forget now

■ **AN APPEAL:** I would like to make a request to all members of C.B.Y.C. to consider sending me some copy for Bear Essentials, as I am now struggling to obtain quality copy... pictures, anecdotes, tales of your cruises, fishy stories, you all must have a tale or two to tell, I'm sure... Section captains, what about some results, of your competitions... Tony, Editor Bear Essentials.

Members are reminded of their responsibility to meet their guests at the main gate and not to expect staff to let them in all the time.

Please watch your wash as you pass moored boats in the River Ely-

**Quarterdeck Bar
Opening Hours May -
September.
Do come along and**

Monday	12.00 to 23.00
Tuesday	12.00 to 23.00
Wednesday	12.00 to 23.00
Thursday	12.00 to 23.00
Friday	12.00 to 23.00
Saturday	12.00 to 24.00
Sunday	12.00 to 10.30

**Why not visit "the
forum"
on the Club's free
internet connection**

There is nothing; absolutely nothing; half so much worth doing, as simply messing about in boats. In or out of 'em, it doesn't matter. . . that's the charm of it. . . Kenneth

BEAR ESSENTIALS

Keeping You in Touch

Bear Essentials is the newsletter of Cardiff Bay Yacht Club.

If you would like to contribute to Bear Essentials please contact: Tony Davies at... tony@designbyrelish.co.uk

Visit the club web site & forum at: www.cbyc.co.uk

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Contacts: - Flag Officers:- President – Jean Annett (029 2062 0160). Vice President – John Mead (01443 225 338). Commodore - Roger Dunstan (029 2089 1451). Vice Commodore - Kevin Rolfe (029 2025 9442). Rear Commodore – Jonathan Crofts - Davies (029 2070 7427). Hon. Secretary Helen - Phillips (029 2021 5759). Hon. Treasurer – Anthony Thomas (029 2075 0224). Hon. Sailing Secretary & Sailing School Principal – Paul Simes (01443 205 120). Membership – Jane Hall (029 20514 915). Management Committee - Tony Davies (029 2051 5376). Steve Cooper (01443 820 574). Jeremy Taylor (029 2040 0457). Gareth Davies (029 2086 9167). Marc Case (029 2070 5870). Steve Parker (01633 672 378). General Office - Ruth Coles (029 2066 6627). Moorings, pontoons, yard, haul-out – Barrie Metcalf (07966 930 823) - during the weekend working period. i.e. 09.00 – 13.00 Sat. & Sun. use (07773 462769). Chief Coach - Nick Sawyer (029 2051 4966). Cruising – Tony Davies (2051 5376). Dinghy Chairman - Sean Carter (01443 699 262). Ultra-Fast Fleet Captain – Idris Dibble (029 2025 2973). Angling - Bryan Morgan (029 2021 7910). Motorboats - Gareth Davies (029 2086 9167). Catering - Bar – (029 2022 6575).

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Bear Essentials is produced in a completely smoke free environment.

Copy date is strictly the last day of the month.

After use please dispose of it responsibly.

For sale and wanted ads will run for three months, then deleted unless confirmed unsold.

To external recipients... Please would you kindly display Bear Essentials where others may read it.

■ **DANIEL JENKINS (8 years old)** First Cod, weighing at 2.5 lbs. Caught Sunday 25th June. He also caught 3 congers one of which was 10 lbs and 2 dogfish. Caught west of Aberthaw aboard Aftica. All fish returned alive... Chris Jenkins.



■ **LIGHTHOUSES:** We take lighthouses for granted. Although some shore lighthouses are in inaccessible places, it was building the rock lighthouses that required persistence, ingenuity, skill, and sometimes bravery. The first attempt at a light on the Eddystone Rocks was made 300 years ago, with the builders having to row the twelve miles out to the light.

CARDIFF BAY YACHT CLUB

Restaurant - Sue Jones Catering

From 2 May	Summer Opening Times	to September
Lunch		Dinner
Monday	Closed	17:30-21:00
Tuesday	12:00 noon - 14:30	18:00-21:00
Wednesday	12:00 noon - 14:30	18:00-21:00
Thursday	12:00 noon - 14:30	19:00-21:00
Friday	12:00 noon - 14:30	Closed
Saturday	12:00 noon - 14:30	Closed
Sunday	12:00 noon - 15:00	Closed

Drop into the Quarterdeck bar and meet up with old friends and new.

Relax in a friendly atmosphere, with a beautiful view over the Bay.

The Club is the venue in which to be seen.

Forget the pub, come to the Club!

For laid back lunches, with a menu to tickle your taste buds.

■ **WANTED INFO:** on places to visit/miss on a trip lasting 18 month to bay of Biscay, Spain, Portugal, Gib. & back via. Canal du Midi. Thanks Hugh Steele. "Sailing BI" 02920569787 e-mail hugh_steele@btinternet.com

■ Talk slowly, but think quickly.

■ When you say "I'm sorry", look the person in the eye.

■ **Q.** What do bullet-proof vests, fire escapes, windshield wipers, and laser printers all have in common?

A. All were invented by women.

Calendar of events in August 2006

Tue	1		
Wed	2	Angling night.	
Thu	3	Cruiser night.	Restaurant (evening)
Fri	4		
Sat	5	(* C. in C.)	Restaurant (12 till 2 pm)
Sun	6	Angling Competition	Restaurant (12 till 2 pm)
Mon	7		
Tue	8		
Wed	9	Angling Section Open Forum @ 200hrs	
Thu	10	Cruiser night.	Restaurant (evening)
Fri	11		
Sat	12	(* C. in C.)	Restaurant (12 till 2 pm)
Sun	13	Restaurant	(12 till 2 pm)
Mon	14		
Tue	15		
Wed	16	Angling night.	
Thu	17	Cruiser night.	Restaurant (evening)
Fri	18		
Sat	19	(* C. in C.)	Restaurant (12 till 2 pm)
Sun	20	Restaurant	(12 till 2 pm)
Mon	21		
Tue	22		
Wed	23	Angling night.	
Thu	24	Cruiser night.	Restaurant (evening)
Fri	25		
Sat	26	(* C. in C.)	Restaurant (12 till 2 pm)
Sun	27	Angling Competition	Restaurant (12 till 2 pm)
Mon	28		
Tue	29		
Wed	30	Angling night.	
Thu	31	Cruiser night.	Restaurant (evening)

■ **ANCIENT MARINER:** recently swallowed the anchor, now finds it indigestible and seeks small sailing cruiser in need of T.L.C. to regain sanity. Telephone: (Dave) 07811 756 542.

■ **FOR SALE:** EYGTENE 24ft "PDQ" 1976, GRP, Fin Keeled with Inboard Diesel Renault 6HP, Stainless Steel Rigging (2003), Slab Reef Main+Sail cover (New 2005), Roller Reef Genoa, Spinnaker, new electrics/instruments, sleeps 4/5, Water : 5 gallon. Fuel : 5 gallon. 2002 Survey available. Lying : Cardiff Bay Yacht Club, Contact : Laura on 07920 249354 or email: firebird4470@hotmail.com Price: £8,500.

■ **SHIPS ARE BUT BOARDS:** sailors are but men. WILLIAM SHAKESPEARE - 'The Merchant of Venice' Was this Shakespeare's way of saying that the essence of a ship is those who sail her? A good crew have been known to nurse a leaking hull safely into harbor. A sound and well equipped vessel can come to grief with a poor crew.

■ **FOR SALE:** "Phebe" our Sadler 29 is up for sale... (take a look at Sailing Today 6 page review on her!) so if you want to write another chapter in her log, give me a call. Neil Lambden 07780 955313.

■ (* C. in C.) = Cruise in company: Please call Tony for destination & details. Tel. 07816 337904.

Calendar of events in September 2006

Fri	1		
Sat	2	(* C. in C.)	Restaurant (12 till 2 pm)
Sun	3	Angling Competition	Restaurant (12 till 2 pm)
Mon	4		
Tue	5		
Wed	6	Angling night.	
Thu	7	Cruiser night.	Restaurant (evening)
Fri	8		
Sat	9	(* C. in C.)	Restaurant (12 till 2 pm)
Sun	10	Restaurant	(12 till 2 pm)
Mon	11		
Tue	12		
Wed	13	Angling night.	
Thu	14	Cruiser night.	Restaurant (evening)
Fri	15		
Sat	16	(* C. in C.)	Restaurant (12 till 2 pm)
Sun	17	Restaurant	(12 till 2 pm)
Mon	18		
Tue	19		
Wed	20	Angling night.	
Thu	21	Cruiser night.	Restaurant (evening)
Fri	22		
Sat	23	(* C. in C.)	Restaurant (12 till 2 pm)
Sun	24	Angling Competition	Restaurant (12 till 2 pm)
Mon	25		
Tue	26		
Wed	27	Angling night.	
Thu	28	Cruiser night.	Restaurant (evening)
Fri	29		
Sat	30	(* C. in C.)	Restaurant (12 till 2 pm)

Poet's corner

LORD BYRON:

Roll on, thou deep and dark blue ocean-roll,
ten thousand fleets sweep over thee in vain;

man marks the earth with ruin-his control
stops with the shore;

upon the watery plain the wrecks are all thy
deed,

nor doth remain a shadow of man's ravage,
save his own, when,

for a moment like a drop of rain,
he sinks into thy depths with bubbling groan

■ Why not visit the Club forum at www.cbyc.co.uk you'll be amazed,



Racy Lady, on passage from Mermaid Quay to the River Ely... again.

■ **C.B.Y.C. CRUISER SECTION:** Cruises are scheduled for most weekends; loosely in line with Bristol Channel sailing calendar. (see # below). Everyone is invited; Cruiser Class, Racing Class, Motor Yachts. Old and new members are very welcome.

AUGUST	05/08/06	CARDIFF YC #	REGATTA
	06/08/06	CARDIFF YC #	REGATTA
	11/08/06	CBYC	2 HANDED AROUND LUNDY
	25/08/06	CBYC #	CRUISE / RACE TO TENBY
SEPT	10/09/06	CBYC	SHANGHAI CUP (BAY RACE)
	16/09/06	CBYC	WELSH GAMES
	17/09/06	CBYC	WELSH GAMES
	16/09/06	CBYC	SHANGHAI CUP (CHANNEL RACE)
	17/09/06	CBYC	SHANGHAI CUP (CHANNEL RACE)
	16/09/06	NUSC #	REGATTA
	17/09/06	NUSC #	REGATTA
	23/09/06	PCC	HOLMS RACE
	23/09/06	CBYC	SHANGHAI CUP (CHANNEL RACE)
	24/09/06	CBYC	SHANGHAI CUP (CHANNEL RACE)
	24/09/06	BARRY YC #	BRAINS RACE
30/09/06	CBYC	SHANGHAI CUP (LOWWATER)	
OCT	15/10/06	PENARTH YC	CRUISER CHANNEL RACE
	15/10/06	PORTISHEAD YSC	LLOYD CRYER MEMORIAL RACE

■ **RIVER TAWE LOCK:** Those of you intending to visit Swansea will be interested to learn that the holding pontoon outside the Tawe Lock is no longer there, however there are still a couple of buoys to tie on to while waiting for the lock to open.

■ **10 NAUTICAL QUESTIONS ON SAILING:**

- 1) From which direction is the wind coming from when one is on, (a) close reach. (b) beam reach. (c) broad reach.
- 2) If a sailing vessel is hove to how are the sails and the helm set?
- 3) What is meant by lee bowing?
- 4) When is a yacht said to be ghosting?
- 5) When moving about a boat, what is theseafarer's time honoured rule for personal safety?
- 6) A sailor may well take a swig of rum; how else will he use the term swig?
- 7) By day, the wind drops considerably, as you sail towards your destination and you decide to motor-sail to help your craft make progress over a strong tide. What signal should you hoist, to indicate that you are now a vessel under sail and power?
- 8) The barometer can give information of value to the seaman on matters concerning the weather. In tidal waters, what else could it tell him?
- 9) A yacht is entering a strange harbour by day under motor. Her skipper, expecting to pick up a mooring, or tie up alongside, makes the following preparations: he has ready, sufficient warps and fenders for either side of the vessel and a megaphone; he makes the dinghy ready, with oars and crutches prepared and a boathook to hand. Should he prepare anything else?
- 10) What is a king spoke?

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Competitions: 11th June: There were just Five fish weighed-in for this Comp. First was Mike Smith, fishing from "Maximus", with a Thornback Ray of 13lbs, (41.35% of the WFSA record). Second was Sid Hearne, "Foxy lady", with a Bull Huss of 10lbs 15ozs, (50.91%). They won the prize money, (£50+ Pool & £30). The other three captors were Craig Jenkins, Bob Ward, John Turner and they each won a couple of pints.

25th June: This was a well attended Comp and there were Ten fish weighed-in. First was Jason Jones, fishing from "Outcast", with a Bull Huss of 10lbs 1oz. (49.01%). Second was Andy Vowles, fishing from "Beau Nydle", with another Bull Huss of 9lbs 8ozs. (46.34%). They won the vouchers and the next five highest percentage fish won their captors a couple of pints. They were, Kevin Moore, Mike Smith, Steve Williams, Kelvin Ledley, and Paul Dixon. Well done lads.

9th July: Unfortunately, due to bad weather, this Comp was cancelled.

23rd July: This was another quite well attended Comp with 15 boats & 31 fishing, (incl. 14 visitors). The first winner was Nick Marsangelos, "Celtic Star", with a Small-eyed Ray of 11lbs 14ozs, (75.11%). Second was Dave Locke, "Celtic Star", another Small-eyed of 9lbs 1oz, (57.32%). They received £50+Pool & £30 tackle vouchers while their Skipper Bob Ward, had two pints for his...., yes you've guessed it,... yet another Small-eyed Ray of 8lbs 2ozs, (51.39%). I think Bob has a special Small-eyed Ray Magnet! Where'd you buy that then Bob?

The Next Comp on 6th August, was intended to be the re-arranged Grand Cognac Cup Inter-Club Comp fishing with Cardiff Yacht Club, but unfortunately, it has had to be called off, due to previous commitments of CYC. A new date will be arranged as soon as possible. Once this Comp has been fished, we'll arrange a Presentation Night, when we'll have a Cabaret Artist and Buffet. Watch the notice board for further details.

20th August: this will be the Tri-Ad Shield Cup Competition Fishing from and weighing-in at C.Y.C. and C.Y.C. have arranged to hold the presentation at their club on Saturday 26th August. Competition Registration for our members, will be as normal, as we'll be running the usual C.B.Y.C.A.S. Pool.

Open Forum. The next Open Forum will be held in the Quay Lounge on Wednesday 9th August @ 2000hrs. All Section and Club members will be welcome.

■ **DIFFERENT PEOPLE:** If we consider the three races of men - townsmen, seamen, and countrymen - we shall find that the widest difference lies between seamen and townsmen, and that there are affinities between seamen and countrymen. The townsman sees and admires a 'beautiful sunset, the countryman and the seaman can see the beauty, but for them it also carries a message of hope or of warning. To the towns-man a storm is an impressive thing, and sometimes a considerable nuisance. But to the countryman a storm may destroy his livelihood, and to the seaman it is something that may take his life itself.' M . K. Cook - The Watch Below.

■ Go sailing whenever possible, with your spouse as crew.

■ **CLUB ROLL OF HONOUR:**

I am endeavouring to compile a Club Roll of Honour to be displayed in the Club. I need details of members past and present who have had noticeable success in National and International events I hope that our Commodore, Roger Dunstan, Nick Sawyer and Paul Simes, all who have achieved notable success, will start the ball rolling. If anyone knows of others please let me know... Colin Farr...Email to dinkytoy@ntlworld.com



■ **COL-REGS:** The rule of the road at sea is to keep to the right i.e. when in a narrow channel such as a river, canal, or fairway keep to the right. When meeting another vessel an easy way to remember who has the right of way is... The boat on your right has right of way. It's easy to remember and works every time, or... if to starboard red appear, it is your duty to keep clear. Easy.

■ **ANCHOR:** An anchor is not only for tethering a boat to the ground overnight, it can be her brakes in an emergency.

Such as when the engine fails in a tideway or a busy harbour. And the crew should know how to apply the brakes in a hurry.

■ **TYING UP:** Use bow and stem lines and always use springs. Shore lines should be used on at least every other boat. Tie off halyards and bunting to stop trapping and annoying your neighbour. It is advisable to finally position your lines, bow, stem and springs, so that when you leave minimum disturbance to the other boat is made. After successfully rafting up always ask and use the front of a boat when crossing the inboard boats (unless the boat design is such that this is dangerous or impossible).

■ **JOKE:** A city boy, Kenny, moved to the country and bought a donkey from an old farmer for \$100.00. The farmer agreed to deliver the donkey the next day.

The next day the farmer drove up and said, "Sorry son, but I have some bad news. The donkey died." Kenny replied, "Well then, just give me my money back." The farmer said, "Can't do that. I went and spent it already." Kenny said, "OK then, just unload the donkey."

The farmer asked, "What ya gonna do with him?" Kenny-----"I'm going to raffle him off." Farmer----"You can't raffle off a dead donkey!" Kenny-----"Sure I can. Watch me. I just won't tell anybody he is dead."

A month later the farmer met up with Kenny and asked, "What happened with that dead donkey?" Kenny-----"I raffled him off. I sold 500 tickets at two dollars a piece and made a profit of \$898.00." Farmer-----"Didn't anyone complain?" Kenny-----"Just the guy who won. So I gave him his two dollars back."

■ **COCOA:** Pusser's kye or cocoa used to be made with Navy issue solid unsweetened chocolate, crumbled up and mixed with plenty of tinned milk and sugar until it was the consistency of pea soup. It was the hot drink for a wet, cold, night watch, (especially if accompanied by a 'corned dog' sandwich). But, like many good things, it has been modernized.

■ **CHALK A SCORE:** In sailor town pubs it was a common for a sailor customer to be allowed credit, what he owed for a night's drinking would be chalked up on a blackboard behind the bar.

■ **LOVE** and cook with reckless abandon.

■ **READING TEST:** This was developed as an age test by an R & D department at Harvard University. Take your time and see if you can read each line aloud without mistake.

The average person over 50 years of age can't do it!

1. This is this cat
2. This is is cat
3. This is how cat
4. This is to cat
5. This is keep cat
6. This is an cat
7. This is old cat
8. This is dodder cat
9. This is busy cat
10. This is for cat
11. This is forty cat
12. This is seconds cat

**OK clever-clogs,
now go back and
read aloud
the third word
in each line,
from the top down!**

■ **DONKEYS BREAKFAST:** This was the sailor name for the straw-stuffed bag of Hessian which up to the Second World War was the only sleeping paillasse used by merchant seamen. It is even referred to in an early sea-ballad of 1400; "A sak of strawe were there right good."

As the seamen headed toward his ship on sailing day, with a sea bag over one shoulder, he would call on a dockside chandler, buy his donkey's breakfast, and hitch it up over his other shoulder. If it were pouring with rain, he'd sleep that night on its sodden straw, and before the voyage was over the straw would have wormed itself into great knotted lumps and possibly become the home of vicious bedbugs.

■ **THAT COULDN'T HAPPEN TO ME!** I wouldn't be such an idiot or there, but for the grace of God, go I. The reports of rescues at sea - dramatic or routine, windsurfers or yachts - are always worth thinking about. Why was the rescue needed? The idea that accidents only happen to other people is a dangerous one - both afloat and ashore.

■ **CBYC – BayPointe – Shanghai Cup**

BayPointe and Cardiff Bay Yacht Club take Welsh sailing forward with the BayPointe Shanghai Cup series.

2006 is the 10th anniversary of the Shanghai Cup being hosted by Cardiff Bay Yacht Club (CBYC) and this year, the entire event, together with the Welsh Sailing Games, is being sponsored by BayPointe Limited.

The BayPointe Shanghai Cup is an event that attracts cruiser racers and sports boats, ranging from 25 to 45 feet overall length. Racing takes place over four weekends in September, with the opening events taking place within Cardiff Bay on 10th September.

BayPointe is the immediate neighbour of CBYC and is destined to be the jewel in Cardiff Bay's crown in terms of quality property development. The site forms part of the International Sports Village within Cardiff Bay and BayPointe Limited is an enthusiastic supporter of the BayPointe Shanghai Cup series and the Welsh Sailing Games. There is a strong focus on youth development within the Welsh Sailing Games and thanks to the sponsorship from BayPointe, entry for all juniors under 16 years of age is free. Youth Sailing is growing in Wales and standards are high. With the support from BayPointe towards "More & Better Sailing" in Wales we look forward to future International Success at World and Olympic Championships and of course, more people sailing.

Roger Dunston, Commodore of CBYC comments, "As BayPointe is to be built right next to the club, we are delighted to be working with our neighbour. With BayPointe's involvement we are committed to making both the Shanghai Cup and the Welsh Sailing Games bigger and better than ever."

For BayPointe, this is the first opportunity the company has had to introduce its development plans to the public. The scheme is a joint venture between Allied Developments (Europe) Limited and City Lofts plc. The site, extending to 5.2 hectares (12.85 acres), was originally granted outline planning permission in February 2003 (with variations in June 2005 and March 2006) for 997 private residential units (comprising 142 town houses and 855 apartments) and 130 affordable units, together with 30,500 sq ft of ancillary commercial space.

Chris Hamilton, managing director of BayPointe Limited states, " BayPointe will be a true landmark development in South Wales and we're delighted to have entered into this joint venture agreement with City Lofts in order to bring it to fruition. Adding value in terms of interior quality and residential development experience, future residents of BayPointe properties will have a lifestyle to be greatly envied. As we are very much a "waterfront" development, we're thrilled to be supporting CBYC in their efforts to make the 2006 BayPointe Shanghai Cup a great success.

Spectators will be welcome to watch the entire racing. Good vantage points will be from the barrage and Penarth Marina>

For more information on CBYC, the BayPointe Shanghai Cup contact Cardiff Bay Yacht Club (029 2066 6627

For more info on Sailing in Cardiff & South Wales or the Welsh Sailing Games, contact Iwan Basten, South Wales Development Officer & WSG Organiser (Iwan.basten@thewya.org 07814 649574)

For more information on BayPointe Limited, contact Catherine McGinn, Allied Developments (Europe) Limited (catherinemcginn@hotmail.co.uk 02920 504123)

■ **PHOTOS:** If any member has an interesting or old photograph they would like to see published in Bear Essentials, especially ones with people in, please e-mail it to the Editor tony@designbyrelish.co.uk if you are unable to e-mail, please let me have the photo and I will scan it.

■ If you have a mortgage, let it be on a boat.

Shanghai Cup

Starts September 10th 2006
Cardiff Bay Yacht Club
Incorporating
The Nimrod Cup – PY
& Welsh Sailing Games

Entry into Welsh Sailing
Games inclusive
www.cbyc.co.uk

For info NOR & Entry form
www.welshsailinggames.co.uk



Our
Sponsors
Taking
Sailing
Forward in
Wales



Shanghai Cup
Comprehensive
racing
Program Racing for
teams
of 3 IRC Boats
Sun 10th
Sat 16th & 17th
Sat 23rd & 24th
Sat 30th

Full Social Program inc
Welsh Sailing Games
Opening
Friday 15th September – 1900 – Champagne Reception
Bay Pointe Presentation Night

Nimrod Cup
Shorter Racing
Program
Individual Entry for
PY Yachts
Sat 10th
Sat 16th & 17th
Sat 23rd & 24th
Sat 30th

For free berthing & further information contact admin office

029 2066 6627

■ **BIRDS OF A FEATHER:** Sitting on the club balcony sipping a cool beer and discussing the amazing transformation of the bay over the last several years from a polluted salt flat to a fresh water enclave. We now have a completely different wildlife, much like the transformation in our club you might say. Affluence has arrived and the effluence has departed even if only by the lorry load for the time being. Gone are the wading birds, the red shanks, sandpipers and knots although they did make a last ditch effort to stay, returning to feed on the flies and spiders. The gulls are still here as are the cormorants which for a time proliferated.

I miss the collective aerial displays of the waders which used to frequent our little bays on sultry summer evenings. In their stead we have acquired more exotic birds within the club's boundaries, such as herons, kingfishers, wagtails wrens, swans and mallards by the score. There are grebes, coots, moorhens, swifts and house martins and at dusk the odd bat. No doubt even more exotic birds will arrive in the future.

A fox pays us a regular visit as do the mink and there are still signs of rabbits in our small green oasis. The rats seem to have disappeared for now at any rate. The water between our long boardwalk and the sheet piling is teeming with fish, mainly grey mullet but also almost every other coarse fish from the rivers.

Like the wildlife, our club boats have undergone a transformation. Every week some more exotic vessel arrives, gone are the mud caked vessels and owners and in their place gleaming vessels of every description for every use. A throw back to our past where the club encouraged all water sports. The dinghies and sailing school for all ages, has replaced the spectacle of those swirling sandpipers and presents a new activity to watch from our balconies.

A great thumbs down then for the doom and gloom merchants who predicted environmental catastrophe and a round of applause for those environmentalists who persevered and are still persevering to get nature in balance in Cardiff bay. And so too to our council of management and club staff must go our thanks for having the vision and fortitude to make us a first class club in a unique environment. Man and nature together. JOHN WOOD 06 06.

■ Ha, ha, my ship! thou mightiest well be taken now for the sea-chariot of the sun. Ho, ho! all ye nations before my prow, I bring the sun to ye! Yoke on the further billows . . . I

■ They sicken of the calm, who knew the storm. - Dorothy Parker.

Red Right Returning

Meeting steamers do not dread.
When you see three lights ahead,
Starboard wheel and show your red.

Green to green or red to red,
Perfect safety, go ahead.

When to starboard red is near,
'Tis your duty to keep clear;
Act as judgment says is proper,
Port or starboard back or stop her.

But when upon your port is seen

ALZHEIMER'S EYE TEST

Count every " F" in the following text:

FINISHED FILES ARE THE RESULT OF YEARS OF SCIENTIFIC STUDY COMBINED WITH THE EXPERIENCE OF YEARS...

NEPTUNE: Neptune is the eighth planet from the Sun. It orbits the Sun every 165 years at a mean distance of 30.1 times that of the Earth (Astronomical Units).

HOW MANY ? WRONG, THERE ARE 6 -- no joke. READ IT AGAIN !

Really, go Back and Try again...

Incredible or what? Go back and look again!! Anyone who counts all 6 "F's" on the first go is a genius... The brain cannot process "OF".

Supplied by Alan Savage.

■ **TIDES:** When, during a year, can we expect to find the largest tides? A day or two after the full or new moon nearest to the equinoxes. The spring equinox is usually the 21st March, and the autumn equinox, the 23rd September.

Some years have tides that are notably higher than other years. 1997 was a significant year, as will be the year 2015. For really favourable conditions - you will have to wait around until the year 3182. Even then, the tides may only be 1 or 2 cm higher than in 1997.

■ **ANSWERS TO 10 NAUTICAL QUESTIONS ON SAILING:** **1** (a) Forward of the beam. (b) On the beam. (c) Aft of the beam. **2** The jib is backed and the tiller pushed down to leeward. **3** When sailing to windward it is frequently advantageous to take the tide on the lee bow as it can help to push the yacht towards the required track. It is of particular significance when racing. **4** When she is under sail and making headway though there is almost no wind. **5** One hand for yourself, one for the ship. **6.** When 'swigging or 'sweating-up' the halyards, e.g. by making a turn on the cleat, then taking up the slack on the halyard by hauling horizontally on its standing part. **7** By day, a cone pointing downwards and hoisted forwards where it can best be seen. **8** It can give an indication of abnormal height of tide, high pressure will tend to bring about a lower level of water at high tide, and vice versa. **9** Yes the anchor should be prepared and ready to let go incase it's needed in a hurry. **10** The spoke of a steering wheel which is uppermost (and usually has some identifying mark.. maybe a Turks head) when the wheel is amidships.

■ **MOONS BEARING:** An ancient way to reckon the time of high water (H.W.) by the point of the compass the Moon bore at that time. Thus, if is at noon on days of full and change, then the tide is said to flow north and south; if at 9 am, it flows south-east and north-west; and if at 3 pm, south-west and north-east. This method of expressing the establishment fell out of use early in the eighteenth century, except for local pilots and fishermen.

■ **DEFFAT:** If you learn from defeat you haven't lost

August 2006.		Time Zone B.S.T.	
1	Tue 12.02 10.1m	*****	*****
2	Wed 00.20 10.0m	12.42	9.6m
3	Thu 01.03 9.5m	13.30	9.2m
4	Fri 01.58 9.0m	14.34	8.8m
5	Sat 03.13 8.7m	15.57	8.8m
6	Sun 04.38 8.9m	17.17	9.3m
7	Mon 05.53 9.5m	18.23	10.2m
8	Tue 06.53 10.4m	19.18	11.2m
9	Wed 07.44 11.4m	20.06	12.2m
10	Thu 08.29 12.2m	20.50	12.9m
11	Fri 09.12 12.8m	21.34	13.3m
12	Sat 09.55 13.0m	22.16	13.3m
13	Sun 10.37 12.8m	22.57	12.8m
14	Mon 11.19 12.2m	23.41	12.0m
15	Tue *****	12.03	11.4m
16	Wed 00.25 11.0m	12.50	10.4m
17	Thu 01.17 9.9m	13.48	9.5m
18	Fri 02.25 9.0m	15.06	8.8m
19	Sat 03.53 8.5m	16.39	8.7m
20	Sun 05.24 8.6m	17.57	9.1m
21	Mon 06.28 9.2m	18.50	9.8m
22	Tue 07.14 9.8m	19.32	10.4m
23	Wed 07.51 10.5m	20.08	11.0m
24	Thu 08.25 11.0m	20.40	11.5m
25	Fri 08.56 11.4m	21.09	11.8m
26	Sat 09.25 11.6m	21.39	11.8m
27	Sun 09.54 11.6m	22.07	11.7m
28	Mon 10.21 11.4m	22.35	11.4m
29	Tue 10.49 11.1m	23.04	10.9m
30	Wed 11.21 10.6m	23.37	10.4m
31	Thu 11.56 10.0m	*****	*****

September 2006.		Time Zone B.S.T.	
1	Fri 00.16 9.7m	12.41	9.7m
2	Sat 01.10 8.9m	13.48	8.8m
3	Sun 02.34 8.5m	15.26	8.6m
4	Mon 04.19 8.6m	16.59	9.3m
5	Tue 05.38 9.5m	18.08	10.4m
6	Wed 06.37 10.7m	19.01	11.6m
7	Thu 07.26 11.8m	19.48	12.7m
8	Fri 08.10 12.8m	20.31	13.4m
9	Sat 08.52 13.4m	21.12	13.8m
10	Sun 09.32 13.5m	21.52	13.6m
11	Mon 10.12 13.2m	22.31	13.0m
12	Tue 10.51 12.5m	23.11	12.0m
13	Wed 11.31 11.4m	23.54	10.7m
14	Thu 12.17 10.2m	*****	*****
15	Fri 00.44 9.5m	13.12	9.1m
16	Sat 01.50 8.5m	14.37	8.4m
17	Sun 03.38 8.0m	16.28	8.3m
18	Mon 05.16 8.4m	17.45	8.9m
19	Tue 06.15 9.1m	18.34	9.7m
20	Wed 06.56 9.8m	19.11	10.4m
21	Thu 07.29 10.6m	19.43	11.1m
22	Fri 07.59 11.2m	20.12	11.6m
23	Sat 08.27 11.6m	20.40	11.9m
24	Sun 08.54 11.8m	21.07	12.0m
25	Mon 09.21 11.9m	21.35	11.9m
26	Tue 09.49 11.7m	22.02	11.6m
27	Wed 10.17 11.4m	22.32	11.1m
28	Thu 10.48 10.8m	23.06	10.4m
29	Fri 11.24 10.2m	23.46	9.7m
30	Sat *****	12.11	9.5m

October 2006.		Time Zone B.S.T. / G.M.T.	
1	Sun 00.43 8.9m	13.21	8.9m
2	Mon 02.10 8.4m	15.04	8.8m
3	Tue 04.00 8.7m	16.39	9.4m
4	Wed 05.18 9.7m	17.46	10.6m
5	Thu 06.15 10.9m	18.38	11.7m
6	Fri 07.02 12.0m	19.24	12.8m
7	Sat 07.46 13.0m	20.06	13.4m
8	Sun 08.27 13.5m	20.47	13.6m
9	Mon 09.07 13.5m	21.27	13.3m
10	Tue 09.46 13.1m	22.06	12.6m
11	Wed 10.25 12.3m	22.46	11.6m
12	Thu 11.05 11.2m	23.27	10.4m
13	Fri 11.49 10.1m	*****	*****
14	Sat 00.16 9.3m	12.45	9.0m
15	Sun 01.27 8.3m	14.09	8.3m
16	Mon 03.10 7.9m	15.55	8.3m
17	Tue 04.44 8.3m	17.11	8.8m
18	Wed 05.41 9.0m	17.58	9.5m
19	Thu 06.20 9.7m	18.36	10.2m
20	Fri 06.54 10.4m	19.08	10.9m
21	Sat 07.25 11.0m	19.38	11.4m
22	Sun 07.54 11.5m	20.09	11.7m
23	Mon 08.24 11.8m	20.38	11.8m
24	Tue 08.53 11.9m	21.08	11.8m
25	Wed 09.22 11.7m	21.38	11.5m
26	Thu 09.54 11.4m	22.11	11.0m
27	Fri 10.29 11.0m	22.48	10.4m
28	Sat 11.09 10.4m	23.35	9.7m
29	Sun 11.02 9.7m	23.35	9.1m
30	Mon 12.13 9.2m	*****	*****
31	Tue 00.59 8.8m	13.44	9.2m

■ Please, always return your trolleys after use.