



CARDIFF BAY YACHT CLUB

Welsh optimist open championships

15th & 16th June 2018

1.0 RULES

1.1 Racing will take place under the current Racing Rules of Sailing (RRS) 2017-2020

1.2 The prescription of the R.Y.A.

1.3 These sailing instructions.

1.4 The Notice of Race

2.0 CONDITIONS OF ENTRY

2.1 The safety of a dinghy and her entire management including the insurance shall be the owner / competitor (and parent / guardian if under sixteen years) racing the dinghy must ensure that the dinghy & crew are adequate to face conditions that may arise in the course of the race. Neither the establishment of these sailing instructions nor the inspection of the dinghy under these conditions any limits or reduces the absolute responsibility of the owner / competitor for the crew, dinghy and the management thereof. The Race Organisers shall not be responsible for any loss, damage, death or personal injury howsoever caused to the owner / competitor, skipper or crew, as a result of their taking part in the race or races. Moreover, every owner / competitor warrants the suitability of the dinghy for the race or races.

2.2. Each dinghy, or helmsman who sails her, shall be covered by third party insurance to a minimum value of £3,000,000.00.

3.0 NOTICES TO COMPETITORS

3.1 Notices to all competitors will be posted on the Official Notice Board, which is located at CBYC.

3.2. Personal buoyancy. Adequate personal buoyancy shall be worn by all competitors whilst afloat, neither wet suits or a dry suit constitutes adequate personal buoyancy. (Amends RRS 40).

4.0 CHANGE OF SAILING INSTRUCTIONS

4.1 Any changes in the sailing instructions (SI) will be posted 30 minutes before the advertised starting times of the races concerned on the Official Notice Board.

4.2 Changes in the SI's will be indicated by displaying the IC Flag 'L' from the mast on the Committee boat. When no further changes have been made IC Flag 'L' will be lowered after the start of the race.

5.0 SIGNALS MADE

5.1 Signals made will be hoisted on the flagpole, the location of which is on the Committee boat.

5.2 When flag 'AP' is displayed, 1 minute is replaced by the time posted on the Official Notice Board

6.0 SCHEDULE OF RACES

6.1 The schedule of races will be as per The Notice of Race.

6.2 The number of races to be sailed will be as per The Notice of Race.

6.3 The times of Warning signals will be as per The Notice of Race.

7.0 CLASS SIGNALS

7.1 The class flag will be o

8.0 BRIEFING

8.1 The briefing will be at ...11.00.

9.0 COURSE AREAS

9.1 The Regatta will take place within the Cardiff Bay Enclosure

9.2 The course to be sailed will be a trapezium shape course with a variable length set on Cardiff Bay.

9.3 Mark 1 is the intended first windward mark.

All marks shall be rounded to port in the following order:

COURSE ONE	SHORTENED COURSE
1 lap consists of:-	
Mark 1	Mark 1
Mark 2	Mark 2
Mark 3	Mark 3
Mark 2	Mark 4
Mark 3	Finish
Mark 4	
(+ Finish)	

FULL COURSE

The full course shall be as described in column 1 above. .

COURSE SHORTENING BEFORE THE START

When flag ‘S’ is displayed at the warning signal, all boats shall sail the shortened course described in column 2 above.

10.0 MARKS

10.1 Course marks will be orange .

11.0 THE START

11.1.1 Races will be started as follows. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.

Time	Signal	Number of sound signals
-5	Warning Class flag	1
-4	Preparatory displayed Flag “P” or flag u or black	1
-1	Preparatory removed	1 long
0	Start Class flag removed	1

11.2 The starting line is defined as the line between a mast displaying an Orange Flag on the Committee Boat and a mast displaying an Orange Flag on the pin end

11.3 All boats not starting within 5 minutes of their starting signal will be scored as 'DNS'.

12.0 FINISH

12.1 The finishing line will be between the mast bearing a Blue Flag and the finishing mark as indicated on the course diagram.

12.2 In the event of the course being shortened a boat displaying IC Flag 'S' and the nearby rounding mark will be the finishing line, unless the course is shortened from Mark 3 where the finishing line will be as per 12.1 and Mark 4 is then not deemed as a mark of the course.

13.0 SHORTENED COURSE AFTER THE START

13.1 In the event of the course being shortened a boat will display IC Flag 'S' and the nearby rounding mark will be the finishing line, unless the course is shortened from Mark 3 where the finishing line will be as per 12.1 and Mark 4 is then not deemed as a mark of the course.

14.0 RECALLS

14.1 If, at the starting signal, any part of a dinghy or her crew are on the course side of the starting line a single sound signal shall be made.

15.0 GENERAL RECALLS

15.1 If there are a number of unidentified premature starters or an error in the starting procedure a general recall will be made with a double sound signal.

16.0 NEW START AFTER GENERAL RECALL

16.1 The starting sequence will recommence as soon as possible after the general recall has been observed

17.0 TIME LIMITS

17.1 The time limit for each race will be 90 minutes. Boats failing to finish 20 minutes after the first boats finish, will be scored 'DNF'. (This changes rule 35 and 'A' 4.1.)

18.0 SCORING

18.1 The Low Points scoring system will apply (RRS Appendix 'A' 4.1)

18.2 Each boat's series score will be the total of her race scores, discarding her worst score as per 8.2 of the NOR

18.3 Ties will be decided by using RRS Appendix 'A' A8.

19.0 PROTESTS

19.1 Protests will be written on forms available from the race office and be delivered there within 40 minutes after the time of the last boats finishes the last race of the day . Boats intending to protest must hail the boat concerned by shouting "Protest" and they should also inform the Race Officer at the earliest opportunity.

19.2 Races sailed back to back, protest will be lodged within 40 minutes of the finishing time of the last boat finishing in the last race of the day

20.0 PENALTY

20.1 The 720° turn penalty will apply. (Rules 44.2). .

20.1 spare

21.0 SUPPORT BOATS

Team leaders, coaches and other support personnel including relatives of competitors shall not be in the racing area from the time of the preparatory signal until all boats have finished or the race committee signals a postponement, general recall or abandonment. The penalty for failing to comply with this requirement will be the disqualification of all boats associated with the support personnel who do so.

22.0 TOWING

From 1100 on the first day of racing to 1500 on the last day of racing, the towing or other artificial propulsion of boats, on the water, by any other craft is strictly forbidden. Any member of the Protest Committee or Race Committee who sees a boat being towed on the water will result in the immediate disqualification of the boat without a hearing from the completed race nearest in time to the infringement. This alters RRS 63.1 . The only exceptions to this are:

1. If a boat has retired from a race and is being escorted by a patrol boat either ashore or to the nearest mother ship.
2. If the PRO informs all patrol boats that towing is permitted.

For information not part of the sailing instruction.

Parents are reminded that they are responsible for the supervision of their children at all time while at Cardiff Bay Yacht Club , the club cannot be held responsible for the behaviour or actions of your children whilst ashore at the club . The club would also remind all parents that under 18s should wear appropriate buoyance aids or life jackets when using the clubs pontoons, the pontoon / mariner is for the use of club berth holders only.

Course Diagram

