

# SAILING INSTRUCTIONS

## Cardiff Bay Yacht Club and Cardiff Yacht Club

### Dinghy Racing Series

2015

| Section                    | Rule   | Action  | Date        |
|----------------------------|--|---------|-------------|
| 1.2                        | Rule 44.1 will be changed as follows: A boat may take a <i>One-Turn</i> Penalty when she may have broken a rule of Part 2 while racing and a One Turn Penalty when she may have broken Rule 31.<br>Section Numbered. | Removed | 09-Jun-2014 |
| 1.5                        | Rule 41 will be changed as follows : Any boat receiving outside assistance during a capsize will be recorded as DNF.<br>Section Numbered.  | Removed | 09-Jun-2014 |
| 2.1                        | Notices to all competitors will be posted on the Official Notice Board, the location of which is on the Bridgedeck, on the top of the dinghy slipway   | Amended | 09-Jun-2014 |
| 3.1                        | Changes to the sailing instructions (SIs) will be posted 30mins before the advertised starting time of the races concerned. Changes in the SIs will be indicated by displaying IC Flag 'L' from the Committee Boat.  | Amended | 09-Jun-2014 |
| 6.0                        | Course details moved to Appendix   | Moved   | 09-Jun-2014 |
| 7.0                        | Reference to spherical buoys with white poles, changes to spherical buoys which may have a white pole through them   | Amended | 09-Jun-2014 |
| 8.3                        | A boat starting later than 10 minutes after her starting signal will be scored Did Not Start. This changes rules A4 and A5   | Added   | 09-Jun-2014 |
| 9.0<br>10.0                | Sections swapped around and renumbered   | Amended | 09-Jun-2014 |
| 11.1                       | If no boat has passed mark "1" within 15 minutes of the start, the race will be abandoned.<br>Section Numbered.  | Removed | 09-Jun-2014 |
| 16 – 21                    | Added new sections   | Added   | 27-Jun-2014 |
| 3.1<br>5.0<br>12.1<br>12.2 | Slight amendments following Joint Dinghy Racing Committee meeting.   | Amended | 07-Aug-2014 |
| 14.1                       | The entry form will state the names of nominated helm and crew for the boat. If either of the persons named on the entry form helms the boat, the race score will count towards the boat's series score.             | Removed | 07-Aug-2014 |
|                            | New title date for 2015  | Amended | 05/01/15    |

## **1.0 RULES.**

- 1.1 The series will be governed by the Racing Rules of Sailing (RRS) 2013-2016, the prescription of the R.Y.A., the Notice of Race and these sailing instructions.
- 1.2 Rule 40 will be changed as follows: Competitors shall wear personal flotation devices **at all times whilst afloat**, except briefly while changing or adjusting clothing or personal equipment.
- 1.3 Masthead buoyancy will be allowed for all classes.

## **2.0 NOTICES TO COMPETITORS.**

- 2.1 Notices to all competitors will be posted on the Official Dinghy Notice Board at each Club

## **3.0 CHANGES IN SAILING INSTRUCTIONS.**

- 3.1 Changes to the sailing instructions (SIs) will be posted 60mins before the advertised starting time of the races concerned.

## **4.0 SCHEDULE OF RACES.**

- 4.1 Will be published on the Cardiff Bay Yacht Club website and the Cardiff Yacht Club, Dinghy section website.

## **5.0 CLASS FLAGS**

General Handicap: IC Flag "F"

## **6.0 COURSES**

Courses are as per Appendix 1

## **7.0 MARKS**

- 7.1 Marks of the course will be spherical buoys, preferably with white poles through them which may be topped with a flag.
- 7.2 The starting mark will be a spherical buoy, preferably with a white pole through it which may be topped with a flag.

## **8.0 THE START**

- 8.1 The starting line will be between a staff bearing an orange flag on the committee boat, and the starting mark.
- 8.2 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 8.3 A boat starting later than 10 minutes after her starting signal will be scored Did Not Start. This changes rules A4 and A5.

## **9.0 SHORTENED COURSE.**

- 9.1 If the Race Officer decides to shorten course, he will display the "S" flag on the committee boat and the course will be shortened at the finish line.

## **10.0 THE FINISH**

- 10.1 The finishing line will be between the committee boat and the start mark "S" as shown on the Appendix.

## 11.0 TIME LIMITS

- 11.1 Boats failing to finish within 20 minutes of the first boat may be given a finish when they next pass through the start line. A result based on their average lap times may be given at the race committee's discretion.

## 12.0 PROTESTS AND REQUESTS FOR REDRESS

- 12.1 Protest Forms are available at both Cardiff Bay and Cardiff Yacht Clubs. Additional forms are also available from the RYA website. Protests and Requests for Redress shall be delivered to the either or both of the respective Dinghy Chairmen, or their deputies, within 24 hours of the end of the last race of the day. The Protestor may submit a scanned copy of the completed Protest Form to both Dinghy Chairmen, or their deputies, provided it is within the time limit set out above. The Dinghy Chairman, or their deputies, will then make contact with other members of the Joint Dinghy Racing Committee to make arrangements to deal with the Protest and / or Request for Redress. This will be carried out as soon as practicable possible after receipt of the Protest Form.
- 12.2 Notification of Protest and / or Redress outcomes will be displayed on the notice boards of both Cardiff Bay Yacht Club and Cardiff Yacht Club.

## 13.0 SCORING & DISCARDS

- 13.1 The Low Points scoring system will apply (RRS Appendix "A" A4.1)
- 13.1 Appendix "A" A4.2 is amended as follows:  
A boat that did not finish shall be scored points for the finishing place one more than the number of boats starting the race.
- 13.2 The number of races sailed and "discards" allowed is given in the table below:

| <u>Races Sailed</u> | <u>Discards</u>  |
|---------------------|--|
| Fewer than 4        | none   |
| 4 or more           | 50% of races sailed minus 1<br>(example – 10 races sailed, gives 4 discards) |

- 13.3 A boat's series score will be the total of her race scores excluding her worst scores up to the number of discards allowed in 13.2 above
- 13.4 Ties will be decided by using RRS Appendix "A" A8.

## **14.0 REPLACEMENT OF CREW OR HELM**

- 14.1 If a person who is not named on the entry form sails as the boats helm or crew, the race score will count as a separate entry in the series.
- 14.2 Regular helm and crew combinations in a boat are permitted to change roles and keep the same overall result for the boat in that series, provided that they are both of similar abilities at both the helm and crewing positions.

## **15 Exoneration Penalty**

- 15.1 A boat that may have broken a rule of Part 2, rule 31 or rule 42, may, after finishing the race concerned and before the start of a related protest hearing, notify the Race Committee that she accepts a 30% scoring penalty as stated in rule 44.3(c), except that the minimum penalty is two places provided that does not result in a score worse than DNF. This penalty does not reverse an OCS score, a disqualification under rule 30.3 or a penalty under Appendix P. It is not available for a breach of rule 2 or of class rules or for gross misconduct under rule 69. Nor is it available to a boat that caused injury or serious damage, or gained a significant advantage by her breach: in these circumstances, her penalty is to retire.
- 15.2 When an Exoneration Penalty is accepted,
  - (a) Neither the boat nor a protest committee may then revoke or remove the penalty.
  - (b) The boat shall not be penalized further in a protest hearing when the protest committee decides that it was appropriate to the facts found and the applicable rules.

## **16 Advisory Hearing & RYA Arbitration Hearings**

- 16.1 When there is an incident that will not result in the lodging of a protest or a request for redress, a boat, Protest Committee or Race Committee may request an advisory hearing with the race office, and notify any boat involved in the incident. An Adviser will then call a hearing to learn what may have happened and will state whether any rule appears to have been broken, and by which boat. A boat may as a result notify the Race office that she accepts an Exoneration Penalty when it applies to the incident, or choose to retire.
- 16.2 When a protest or request for redress is lodged, a boat may at the same time request RYA Arbitration, or the Protest Committee or Race Committee may offer it.
- 16.3 If the parties and a member of the protest or race committee agree that RYA Arbitration is suitable, an Arbitrator (who may be that member of the Protest Committee) will call a hearing conforming to Section B of Part 5 of the Racing Rules of Sailing, except that rule 64.1(a) will not apply. Instead when the Arbitrator decides that a boat that is a party to the arbitration hearing has broken a rule for which the Exoneration Penalty is available, the party will be invited to accept that penalty, and, if it is accepted by a protested boat, the protesting boat will be allowed to withdraw the protest, changing rule 63.1.
- 16.4 When there is not an agreement to use RYA Arbitration, or when, after RYA Arbitration, a protest is not withdrawn or the Exoneration Penalty is not applicable to the facts, there will be a normal protest hearing, at which the Arbitrator may be a member of the Protest Committee. Rule 66 and 70 (reopening and appeal, respectively) do not apply to the arbitration decision since this is not a protest committee decision or procedure. A boat may still accept an Exoneration Penalty at any time before the start of a protest hearing and receive its protection from further penalization. She may also retire.
- 16.5 When redress is offered and accepted at the RYA Arbitration, all parties the Protest Committee or Race Committee may seek to have this reviewed by asking for a full hearing. When redress is offered and not accepted, or not offered at all, the boat may have her request heard before a Protest Committee.

## **17. Rubbish Disposal**

- 17.1 Boats shall not put rubbish into the water. Rubbish may be placed on support and official boats.
- 17.2 The penalty for breaking RRS 55 is at the discretion of the protest committee (DPI) and may be less than disqualification.

## **18. Boats and Competitors in Difficulty**

- 18.1 When the race committee considers that a boat or competitor is in difficulty it may instruct the boat or competitor to accept outside help, retire or sail ashore.

## **19. RADIO COMMUNICATION**

- 19.1 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats (DPI). This restriction includes mobile telephones.

## **20. DISCLAIMER OF LIABILITY**

### **Risk Statement**

RRS Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;

## **21. INSURANCE**

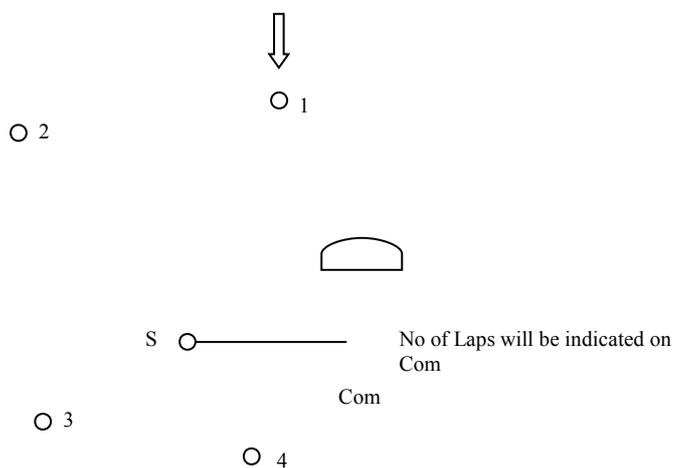
Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2million per event or the equivalent.

# Appendix 1

Courses.

## Course Z Trapezoid Course

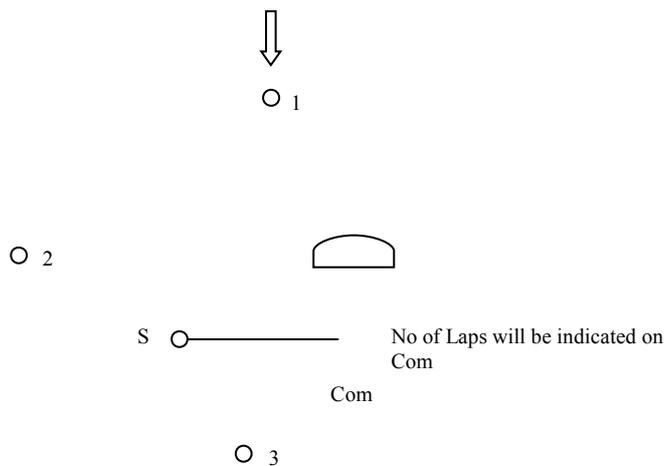
The general course to be used will be the Trapezoid course, which is shown below.



- 1.1 General Handicap Fleet  
1-2-3-4-S-1-4-S = 1 LAP
- 1.2 If there is an Asymmetric Fleet  
1-4-S = 1 LAP
- 1.3 The number of laps will be displayed on a board on starboard side of the committee boat
- 1.4 Marks 1, 2, 3 and 4 shall be Rounded to Port
- 1.5 Each boat MUST pass through the Start / Finish Line on every up wind leg after passing Mark 4 to Port and before proceeding to Mark 1

## Course T Triangular Course

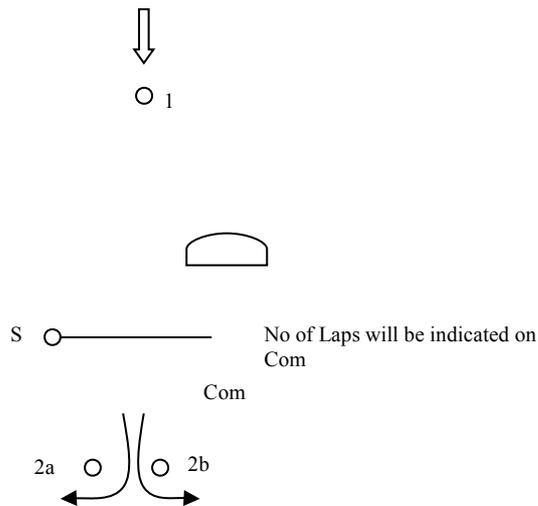
The Triangle / Sausage course to be used will be at the discretion of the OOD and notification of the courses use will be displayed on the back of the Com Boat. The course shown below



- 1.10 General Handicap Fleet  
1-2-3-S-1-3-S = 1 LAP
- 1.11 If there is an Asymmetric Fleet  
1-3-S = 1 LAP
- 1.12 The number of laps will be displayed on a board on starboard side of the committee boat
- 1.13 Marks 1, 2 and 3 shall be Rounded to Port
- 1.14 Each boat MUST pass through the Start / Finish Line on every up wind leg after passing Mark 3 to Port and before proceeding to Mark 1

**Course W Windward Leeward Course (with leeward gate)**

The windward leeward course is to be used at the discretion of the OOD, and notification of the courses use will be displayed on the back of the Com Boat. The course shown below



- 1.20 General Handicap Fleet  
1 - (2a or 2b) - S = 1 LAP
- 1.21 The number of laps will be displayed on a board on starboard side of the committee boat
- 1.22 Mark 1 shall be Rounded to Port, then the Gate at Mark 2 with either Mark 2a to Starboard OR Mark 2b to Port
- 1.23 Each boat MUST pass through the Start / Finish Line on every up wind leg after passing Mark 2a to Starboard or 2b to Port and before proceeding to Mark 1