

C.B.Y.C. Regatta 7 & 8 June 2003

DOCKING Docking Part I March's theme will cover: Dock lines, fenders, handling your boat near the dock and securing your boat to the dock. This Sunday, Torresen Marine is offering a Docking and Dock lines seminar. The seminar will be at 1300 at the Muskegon Yacht Club. Realistically many boats are at the dock 5 or 6 days per week. Often times you are too far away to monitor it closely during a storm. For these reasons you should always choose proper dock lines and moor your boat properly. It's an important, if not glamorous investment. An appropriate dock line is both strong and elastic. This rules out sheet lines, ski ropes, clotheslines and other assorted cordage. The best type of dock line is referred to as 3-strand. This is made of three strands of twisted nylon. Along with good strength, nylon is sufficiently elastic for a dock line. A 3-strand nylon dock line 30 feet in length can be expected to have up to 3 feet of stretch in it. This allows the boat to move and the dock lines with it. Once you have the proper material we can move onto sizing. A rule is 1/8" per 9 feet of boat. This equates to 3/8" for a 20 footer, 1/2" for a 35 footer, 5/8" for a 50 footer and so on. Assuming the line will fit on your mooring cleats, a size bigger can't hurt and may get you through a storm. After you have sized your dock lines, you need to buy the proper length. An easy way to get a set of lines with great utility is to buy them all roughly the length of your boat. This allows each line to be a bow, stern or spring line. A more precise standard for length is 2/3 the length of your boat for bow and stern lines and equal to the length for spring lines. Once on board, start by attaching the dock line to a cleat in a proper way. At the boat end take the eye splice and put it through the eye of the mooring cleat and then around the horns. At the dock end use a proper cleat hitch with a round turn, loop and a locking half hitch. Additionally the lines should be coiled and ready to be thrown or passed ashore. A line coiled to be thrown will be split in two, with a small coil being thrown first and then a larger coil being released once the first coil is in the air. Your boat should have a minimum of 2 bow and 2 stern lines. Bow and stern lines run diagonally from bow and stern mooring cleats. Think of them as your four corner lines. They keep the boat away from the dock and cut down side-to-side motion. Bow and stern lines ideally leave the boat at about 45 degrees. This, depending on the length of the boat and slip, is seldom attainable. The bow and stern lines primary function is to keep the boat from moving too far sideways. Spring lines keep fore and aft motion down. Ideally you will have a spring line running from the forward part of the boat aft to a dock or a post. Your other spring line will run from the aft part of the boat forward to the dock. Spring lines can keep a boat from pushing forward towards the dock or aft out of the slip. They can also help steady a boat with a wind over the bow. Spring lines keep the boat from moving fore and aft. They should be as long as possible and as close to parallel to the boat as possible. The spring lines should be trying to turn the boat into predictable waves. If those waves are expected to impinge on the boat's port bow, for example, the spring line from the back of the boat to the dock at the front of the boat should be on the port side. Line chafe should be considered. The further away from a wear point, such as a fair lead, the attaching point (cleat) is, the greater the wear at that point because of the stretch between. Chafe gear can be installed and secured to the lines at the wear points. Wear points and cleats should be as smooth as possible to reduce line damage. Another dock line accessory is a rubber line snubber. These are installed between the boat and dock. They are a rubber piece, which the line wraps around to reduce the load and stretch on the line. With the right type of line, properly attached to boat and dock, in the right positions on your boat you will take good care of the boat the majority of the time- when tied to the dock. T.D.

OLD IS WHEN

Old is when.... Your sweetie says, "Let's go upstairs and make love" and you answer, "I can't do both"
Old is when.... Your friends compliment you on your new alligator shoes and you're barefoot!
Old is when... A sexy babe catches your fancy and your pacemaker opens the garage door!
Old is when... Going bra-less pulls all the wrinkles out of your face!
Old is when... You don't care where your spouse goes, just as long as you don't have to go along.
Old is when... You are cautioned by your doctor to slow down, instead of by the police.
Old is when... Getting a little action means I don't have to take any fibre today.
Old is when... "Getting lucky" means you find your car in the car park!
Old is when... An all nighter means not getting up to pee!
Old is when... You can't stop reminiscing about the war (applies especially to Brian Pingle). T.D.

FOR SALE - Topper Sailing Dinghy

Ideal for beginners / youngsters.
Fits on roof rack, but can be towed!
Sail number 33,248. Red. With launching trolley and cover. Very Good Condition Only £650
Portishead, Nr Bristol 07976 420292 T.D

If you think reef...then reef

FLYING FIFTEENS The Stradform series has started and is currently led by Simon Thomas sailing FF 2514, Ffrollich. There have been a few exiting windy races, and we are hoping for some good weather over the next few weeks. An interesting evening was had at the club on the 2nd April when the Fleet watched the FF tuning video and had a good discussion regarding FF matters. Wednesday night sailing will commence on the 14th May. This year, this will be a fun series where there will be other activities other than racing. Anyone with any particular ideas they would like to try, please pass them to Colin or myself. Racing on Sunday the 18th May has been cancelled due to an Enterprise Open at the Club. However there is an FF Open at Llangorse on the 17th and 18th at which we would be most welcome. Last year's Llangorse meeting was a good one. It's a very friendly club and it's a venue where camping is available nearby. Stuart Jones, Fleet Captain.

WILDLIFE in the Channel. Not the people who ride the jet skis, but the genuine wildlife, which has changed in the last 20 years or so up and down the channel. There is still a large colony of Herons nesting up the Avon and a few small waders such as Dunlin and Redshanks up there and along the coast to Newport, but nothing like the numbers we had before the Barrage. However we do have more Cormorants and certainly more visiting ducks Mallard, Shell, Pochards and Tufted and of course the Swans, Swifts and Swallows that do their bit to keep the bugs down in summer. Off Sully Island I saw a flight of Stormy Petrels in the 80's just before a storm. The most significant loss of bird life has occurred down channel between Cardiff and Ilfracombe. Seldom now do you see the Guillemots, Razorbills, Terns, Shearwaters, Fulmars or Gannets in that stretch of water, most likely due to dwindling fish stocks. A small colony of Fulmars can still be seen nesting in cliffs near Lynmouth and Dunraven. If you wish to see Gannets by the thousand you must go off to Grass Holm or S*** Island, as the locals call it, off Pembroke as we did last year. There is the odd seal around, one seems to visit the Cardiff area once or twice a year. I've spotted Dolphins on both sides of the channel at Nash and Lynmouth and about the same number as previous years. We spotted a giant Sunfish on a trip to Milford along with a host of Medusa jellyfish in Camarthen bay. Last year I saw no phosphorescence, which I expected to see in the west, there's nothing like seeing the toilet bowl light up at night! It must have been too cold. We caught Starry smooth hounds off Nash, schooling Bass off Caldey Island and Turbot off Turbot bank and a very colourful Gurnard in Porlock bay and saw a largish shark dorsal fin off the Foreland. We swam with seals off Skokholm until the warden warned us off! But the crowning glory of wildlife was our trip to Grassholm in rather choppy conditions to see the Gannet colony, reputed to be 40,000 strong. We circumnavigated the island and the down wind pong from the guano was overpowering. How the island got its name is a mystery, as there is not a blade to be seen. JOHN WOOD.

Did you know there is a 5 Knot speed limit in the Rivers, Ely, Taff and the Inner Harbour.

Cruiser Section Calendar Events around the Channel 2003 N.B. this list is provisional and may be subject to alterations, suggestions and comments welcome.

26 April – 5 May	Cruise to Lundy Padstow & Watchet.
3 – 5 May	Cruise to Watchet (Old Gaffers)
10 – 11 May	Cruise to Newport & Uskmouth Sailing Club.
15 – 16 May	Total eclipse of moon starts 01.00 16 May
24 – 25 May	Cardiff Harbour Regatta / Watchet Marina invitation to BBQ & entertainment.
7 – 8 June	CBYC Regatta.
7 – 13 June	Thornbury Cruise to Tenby then back to P.C.C. for Docks Rally.
12 – 14 June	P.C.C. Docks Rally.
5 – 6 July	Lydney Regatta.
12 – 13 July	Watchet Rally.
18 - 20 July	Powerboat Racing Cardiff Harbour.
25 - 27 July	Watchet Town Carnival, best dressed/kept boat competition, entertainment.
2 - 3 August	Bristol Harbour Festival.
23 – 24 August	Cardiff Yacht Club Regatta.
13 – 14 September	Bristol Heritage Weekend.
18 – 19 October	Annual Cruise to Watchet in lieu of BST/GMT.

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SAILING SECRETARY Over the years I have served the club in various ways. For the past twelve years I have operated the safety boat for cadet/dinghy sailing and lately officiated as OOD for dinghy racing. Secretary, Bosun, Committee Member are other 'titles' I could mention. But now the Committee have asked me to take up the post of Sailing Secretary and I have been happy to accept.

The club is a perfect venue for major water sports events in the Bay and the interests of its members are widely varied. Five different class association events are booked for this year, together with various fishing events, and the yacht racing calendar includes the Shanghai Cup.

My aim as Secretary will be to ensure good relations with all other clubs and organisations involved and to promote interaction between the various sections within the club. Colin Farr.

SAILING SCHOOL COURSES FOR THE 2003 SEASON Building on the success of last year's programme, when the RYA rated our Sailing School as "excellent", we are pleased to offer the following courses for this year: Junior Sailing (all levels) (Monday nights) Adult RYA Level 1 (Thursday nights) Adult RYA Level 2 (Thursday nights) RYA Introduction to Racing (Wednesday nights / weekends on demand) Places are filling up fast. To register your interest, or for more information, call Ruth in the office. Helen Philips.

UNLESS YOU KNOW BETTER

When berthing Dr Kellam's boat recently, he informed me that she had been continuously berthed longer than any other craft. "Chuckles" has been here since the early seventies. Can anyone beat that? B.M.

DINGHY SOCIAL EVENING

first Wednesday every month.

THE CONTINUING STORY OF THE PENARTH MOTORBOAT AND SAILING CLUB Now renamed the Cardiff Bay Yacht Club - (Don't forget that this was written in 1965 by Ron Alexander) Chapter III The Glebe St. Era.

Another incident occurred when a craft belonging to Mick Manley was anchored in foggy conditions off the middle pool. Campbells taking a short cut over the sands accurately bisected the boat and the two occupants were flung into the water. They were both rescued and an award was made to the crewmember of Campbells who jumped over the side. The Secretary's job was just about everything. In addition to normal correspondence and administration, he acted as handicapper, sailing Secretary and cellar-man. Petrol rationing was still in existence and it was the Secretary's task to issue coupons to members each month.

This increase in work led to Ray Hope having to retire as Secretary because he could not give the proper time to the job as well as his business commitments. At the 1952 A. G.M. his work was recognised and he was given a Life Membership of the Club. He returned as Secretary in 1952 but only after the duties were reduced, eg. A Sailing Secretary was now established.

Also in **1952**, Bill Lewis retired as Commodore and he received Life Membership. Mrs. Lewis, who had been Treasurer for some years, expressed a wish to resign, but decided in the end to carry on for a while. The new Commodore elected was Mr. Archie Yeldon (our present - 1965 Hon. Treasurer), who, joining the Club in 1946 had a cruiser called "Venture" He held this position until 1958 and with his current work for the Club and stint as Senior Flag Officer, Archie probably knows more about the internal workings of the Club than anyone.

Our 1965 President, Reg Denman, was active with the Club in the *early days* serving in the commencement on Committee, when he topped the poll at the 1946 agm He presented the Commodore Bill Lewis with the first Commodores Club burgee, one of many flags and burgees made by his wife Renie. He later climbed the Flag Officer ladder, being elected Commodore in 1958, a position he held until 1964. He was always on the ball and all departments have benefited from his unique attitude of being able to obtain help and materials without the Club bearing the cost. T.D.

FOR SALE wet suit, medium, immaculate condition £25.00 Tel. 07816337904

WANTED - Small and reliable outboard motor suitable for dinghy. Colin Jenkins on 205 94369.

Bear Essentials

Is the Newsletter of the Cardiff Bay Yacht Club, it is produced monthly and is entirely dependent on articles contributed by the members, the deadline is the end of each month, if you have an article, anecdote, item for sale or wanted etc. please e-mail it to the editor Tony Davies...
enq@natures-table.co.uk T.D.

BEAR ESSENTIALS

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THE NEWSLETTER OF CARDIFF BAY YACHT CLUB 51.26.9 N 03.10.4 W



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Remember... eternal vigilance is the price of safety and safety is a state of mind, not a list of equipment.

NEW MEMBERS There are no strangers at CBYC only friends you've yet to meet.

The following applicants have been interviewed, details displayed in accord with Club Rules and no adverse observations have been received.

David B Thomas.
Neil M & P Kains
Barry A & D Upton
Ms S Banton & Nick Row
Phillip Beavis
John Fitzgerald
Maurice Howell
Thomas R S Watt
Michael & Ann Jones (rejoining members)
Mark P Rees
Richard & Krys Narbed
Steven Borely
Ronald F & Nicoette A Giddy

**Welcome aboard. Roy Evans
Membership Secretary.**

SOCIAL EVENTS Saturday 10th May Bingo & Quiz Night Saturday 17th May CBYC presents "The Magic of Motown" at 2100. Warner Baker successful singer-song writer of Classic Soul and Motown Hits, with Late Bar. A night not to miss. Catering restarts Friday 23rd May. So look out for Future Social events advertised in the Quarterdeck Bar. Please let Dave Penning know of any good Bands etc.

REAR COMMODORES RUMBLES I am very pleased to advise that the catering franchise has now been taken up by Saverio Risoli and normal service will be resumed as from Friday 23 May 2003. Saverio has a wealth of catering experience and many members will no doubt remember him from "Saverios" restaurant in Birchgrove, Caerphilly Rd, Cardiff. Our previous caterer left due to insufficient usage to make her service financially viable. If members want food to be available at the Club they must give it their support. Menus will be available shortly and you are advised to book early for the Spring Bank Holiday Weekend. Please remember that only members can make a telephone booking, but there are no limitations as to the number of your guests. Please also note that as a service to the membership the bar will again be open at 12 noon each day of the week. However last year the weekly usage was very low and if there is no early improvement, the opening hours may have to be reconsidered. Les Davies, Rear Commodore.

ROMANCE AT SEA Way back in the 80's a certain Colin Lyons suggested to me that if I could get overland to Concarneau, Western France, I could make the return passage on the relatively new Wishbone in the company of Jane the 5'11" goddess who I was convinced I was in love with. Having recently acquired a Carlton Saloon and being anxious to try it out, a holiday in France seemed an attractive idea to my wife, I hadn't filled in the details that she would be leaving on the return journey with Liz Lyons almost immediately. Jane duly arrived a day after they had left. We spent many blissful hours walking the various beaches of France as we made our journey up the coast, finally leaving for the English Channel crossing. Colin then announced the watches for the night---he and Jane would take the first, Mike Martin and myself the next. Oh ! the chagrin of it, that wonderful starlit night with Jane down below, and me left with Mark Martins young Son. Colin had well thought it out, the starlit night may well be beautiful but with tiller steering would need full attention when crossing the busy shipping lanes---it's a wise skipper who knows his crew. It was the first time for me to use a star for guidance between the spreaders with satisfaction as opposed to continually looking up and down at the compass. Our landfall was Newlyn, a very busy fishing harbour in those days, not an attractive place compared to those we had left behind on that memorable passage, Nevertheless I'm sure I grew an inch or two in stature for my part in the crossing (not enough I'm afraid to make any impression on 5'11") but still, what a memory. Pingel's Tales.

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Thursday night is Cruiser Night.

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BCYC-subscribe@yahoogroups.com

ANGLING SECTION

The New Competition Season "Kicks-off" this month, with the first Comp. scheduled for Sunday 4th May. So, let's see a good number of entries. If you haven't paid up yet, the new Season's Subs are now overdue. Please try and make your payment for continued or, new membership before the end of May. Don't forget to register if you're fishing a Comp. You can also enter the Pool; details will be on the Notice Board. Please do not make any entries until the morning of the comp. The Specimen Fish Pool details will be posted on the Section Notice Board shortly. That's just about all for this month, so let's hope for some good fishing.

STOP PRESS: The Comp scheduled for the 1st June will be a Special Prize Competition: 1st Prize, £80, and 2nd Prize £40. Now, That's worth turning out for!

Also, the "Traditional" Wednesday Fishermen's Night on the 4th of June will be a special evening as refreshments will be supplied. So, why not come down for some "Nosh & Chat". You'll all be very welcome! BGM. [Reels]

COUNCIL RESHUFFLE

Officers: - President - Peter Annette, Vice President - Alan Savage, Junior Vice President John Mead. Commodore - John Jefferies (2061 0864). Vice Commodore - Terry Lee (01446 739601). Rear Commodore - Les Davies (2076 2500). Hon. Secretary - Steve Adam (2055 3783). Hon. Treasurer - Brian Bevan (2049 4960). Hon. Sailing Sec. Colin Farr - (2021 4624). Hon. Membership Sec. - Roy Evans (2070 4696).

Management Committee: - John Gittins (2088 2935) Mike Street (2056 9636). Dave Penning (2065 7988) Tony Davies (2051 5376). Alan Shaft (01446 730654) Mike Walsh (2086 1460). Dinghy Chairman Jeremy Taylor (2040 0457). Angling Chairman John Gittins (2088 2935). Social Committee Chairman - Dave Penning (2065 7988). T.D.

CBYC CRUISER SECTION The Cruiser Section has been formed to promote the interests and activities of like-minded members of CBYC. It was identified that about 50% of club members are cruising orientated and it became evident that there was a gap to be filled, and to that end a committee has been formed to administer the section.

COMMITTEE

Andy Higson	Activities	01446 750036	Bonny Mary
Tony Davies	Treasurer	029 20 515376	Barebones
Lisette Nixon	Member	01446 750036	Bonny Mary
Dave Penning	Member	029 2065 7988	Amadeus III

FOR SALE BY OWNER

Complete set of Encyclopedia Britannica. 45 volumes. Excellent condition. £1,000 or best offer. No longer needed. Got married last weekend. Spouse knows everything.

OBJECTIVES

Obviously cruising in the season is top of the agenda, but other related activities will be pursued, such as: talks, films, discussions, barbeques, etc. All members of CBYC are welcome to participate. If you have an idea or a suggestion to improve the section please contact a committee member. It's your Cruiser Section, so let us know what you want or expect from it, we do not want it to fail through lack of energy or input.

MEETINGS The Cruiser Section meets every Thursday night at the club. Member bring along a member, this will have the effect of swelling our numbers, so why not contact a member in your locality and take turns to drive, this means that one of you will be able to enjoy a drink.

ACTIVITIES The weather will naturally have a great influence on our cruising activities and a calendar of events will be published on the Notice Board. Depending on weather conditions and the varied abilities of our members a decision on whether to go ahead will be taken closer to the day of the event. T.D.

WATER QUALITY ISSUES On May 1st I attended a meeting with the Harbour Authority to discuss the water quality in the bay. Dr Mark Temple was the speaker at the meeting. He is a water specialist who is studying the bay. In conjunction with the authority, Dr Temple has been running a study to quantify the number of adverse reactions and sickness within bay users. To date this study has taken in our rowers, canoeists using the bay and any special events on the bay. The amount of data he has so far collected is relatively small and he is looking to the clubs (CBYC & CYC) to assist by providing him with details of the number of dinghy sailors on the water each weekend. I will be speaking to the dinghy section in due course. The results obtained by Dr Temple show no cases of illness after immersion. The sample however is still relatively small and caution must be advised until a far greater amount of data is analysed. It is important that members are aware of the potential problems whilst not overreacting. The current position as understand it is as follows: The water is regularly monitored and results published (and displayed on our notice board). The results obtained are compared with the European standard for bathing water. Curiously, this standard is based on seawater and there is no standard for fresh water and poor quality fresh water is better than poor quality seawater. Most of the bacteria within the water in the bay are flushed down from the valleys. It has only a short lifespan. It means that the quantity of bacteria is low in times of dry weather and low river flows and the water quality is good. The reverse is also true. Similarly, the bacteria can live longer in warm water. It follows that the time when the water quality is likely to be poorest is in late summer after a heavy rainstorm. The types of infections that the bacteria can cause are typically minor gastro-intestinal complaints, eye, ear and throat infections, typhoid, dysentery and infectious hepatitis A. Weil's disease is rare and the risk of contracting the disease is very low, but it can cause serious, even fatal, illness. The Harbour Authority has issued a pamphlet and it is posted on the notice board. Further copies are available from the office. The advice is to avoid deliberate immersion in the water and wash or shower afterwards especially before eating and drinking. If you feel off colour anytime up to a week after contact then consult your doctor immediately. Barrie Metcalf.

For sale J24 - Jay Jay, Good condition, located at Cardiff Bay Y.C. - £3,995. Telephone 029 2030 0072

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